

Letter to be written on practice headed notepaper.

Insert date

Insert name of patient

Address

Dear [Insert name of patient]

We are writing to you to let you know about a research study taking place in this practice that you have the option to take part in. The research is testing out services to help people with both worries about debt and low mood.

The study is being carried out by [Local University] and we have agreed to work with them. We are contacting patients identified from practice clinical records who may have experienced low mood in the past year, but we have not as yet informed the research project of any of your details. This is to give a wide range of people the opportunity of taking part but we are aware that this project may not be relevant to you so please accept our apologies if this is the case.

If you are interested to know more about the study, please read the enclosed one page flyer and the more detailed information sheet to help you decide whether you would like to take part.

If you would like to discuss the study in more detail, please complete, sign and return the enclosed 'Expression of interest' form in the freepost envelope provided so that a researcher from [Local University] can contact you. Alternatively, if you would prefer to contact the research team yourself to find out more about this study, please call [RA telephone number] and ask to speak to [RA name] or e-mail: [RA e-mail].

Taking part in the research is completely voluntary and if you choose not to take part in the study this will not affect your care from this practice or related services in any way.

Thank you for your time.

Yours sincerely