



Notification of ToSCA Participation

Date

Dear [GP contact]

Re: ToSCA – a Trial Of Sertraline versus CBT for generalised Anxiety
[Patient name and DOB]

As you are aware, ToSCA is a multi-centre randomised controlled trial designed to compare the clinical and cost effectiveness of sertraline versus CBT in people with Generalised Anxiety Disorder (GAD) who have not responded to step 1 or 2 interventions for this condition.

This letter is to confirm that this patient has been randomised to receive [insert treatment arm].

- *If randomised to receive Sertraline, please insert the following:*

‘Participants randomised to treatment with sertraline are asked to visit their local GP practice for treatment, in accordance with standard recommended clinical care as described in the guidelines provided by the ToSCA trial team.

We have asked [... give name ...] to make an appointment with you within the next two weeks to start treatment with sertraline and have provided guidelines to facilitate this. This includes contact details within working hours to discuss any concerns which you may have. If you have any questions about this please contact us using the details below.’

- *If randomised to receive CBT, please insert the following:*

‘An IAPT therapist will contact the patient to arrange for them to start therapy. If you have any questions about this please contact us using the details below.’

Yours Sincerely,

Dr Marta Buszewicz (Chief Investigator)

Email: [redacted]

Tel: [redacted]

Dr Anastasia Kalpakidou (Trial Coordinator)

Email: [redacted]

Tel: [redacted]

Fax number: [redacted]