

Villa Vitality Programme – school staff evaluation

Please rate the following statements on a scale of 1 (completely disagree) to 5 (completely agree):

	Completely disagree				Completely agree
	1	2	3	4	5
Children enjoyed the Villa Vitality programme	1	2	3	4	5
Teaching staff found Villa Vitality worthwhile	1	2	3	4	5
The booking process / admin for Villa Vitality ran smoothly	1	2	3	4	5
Children are more likely to remember messages learnt at Aston Villa than they would in a normal classroom session	1	2	3	4	5
The Villa Vitality staff add a degree of expertise that we would not be able to replicate at school	1	2	3	4	5
The Villa Vitality staff are good role models for the children	1	2	3	4	5
Using footballers as role models for healthy lifestyles is a good idea	1	2	3	4	5
The cooking session improved children's skills in the kitchen	1	2	3	4	5
The dance mats session improved children's physical skills	1	2	3	4	5
The radio recording session was a worthwhile undertaking	1	2	3	4	5
The Villa Vitality teaching pack enabled healthy lifestyles messages to be reinforced back at school	1	2	3	4	5
Children responded well to the 6 weekly challenges	1	2	3	4	5
Parents responded well to the 6 weekly challenges	1	2	3	4	5
The time spent on the weekly challenges was time well spent	1	2	3	4	5
The time spent on the school project 'V Factor' was time well spent	1	2	3	4	5
The Day Two visit to school by the football coach helped to consolidate learning	1	2	3	4	5
Children learnt a lot from Villa Vitality	1	2	3	4	5
Children's understanding of the importance of healthy eating has increased as a result of the Villa Vitality programme	1	2	3	4	5
Children's understanding of the importance of physical activity has increased as a result of the Villa Vitality programme	1	2	3	4	5
Children have made healthy lifestyle behaviour changes as a result of the Villa Vitality programme	1	2	3	4	5
Villa Vitality will have a long-lasting impact on the children	1	2	3	4	5

Was there any part of Villa Vitality that children did not understand or engage with? Please provide specific comments.

Which element of Villa Vitality do you consider will have most impact? Why?

*What proportion of the class **completed** the Weekly Challenges?*

*When children **did not** complete the Weekly Challenges, what were the reasons for this?*

Approximately how much time did you spend in class on the class project?

Approximately how much time did you spend in class on the Weekly Challenges?

Did you initiate any additional projects/activities as a result of Villa Vitality?

[Class teachers only] How many Year 2 children attended Villa Vitality today? out of

If any children did not attend, please state reasons why (e.g. illness, no parental consent)

Your name:.....*School:*.....

Position within school:.....

Thank you for your comments.

Please hand in to Villa Vitality staff or return to: - Joanne Clarke, WAVES Study, Dept of Public Health, University of Birmingham, Edgbaston, Birmingham B15 2TT.

Fax: 0121 414 6007; Email: j.j.clarke@bham.ac.uk; Tel: 0121 415 8060

Any other comments