

WAVES study intervention
Cooking workshops log Book
(Breakfast 2012)



School

Class

No. of children

Class teacher

Cooking workshops log book

Please complete this log book whilst your class participate in the cooking workshop. If you have any questions please do not hesitate to contact us (0121 414 3921 or t.l.griffin.1@bham.ac.uk).

Once you have completed this log book, please return to the WAVES study office (together with parent evaluation sheets and their time and travel cost forms).

WAVES study, Public Health Building, University of Birmingham, Edgbaston, Birmingham, B15 2TT.

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Cooking workshop – Lessons 1 – 4
(to be completed by staff member who delivered the cooking workshop lessons)

1. Name and role of member of staff who delivered the cooking workshop lessons (and completing this form)

.....

2. What was the topic of the workshop? (Breakfast, Lunch, Dinner)

3. Did you deliver all four lessons to the children before the cooking workshop? Yes No (if no comment below)

4. Amount of time in total you spent **preparing** for the cooking workshop lessons:

..... Hours Minutes

4. What would you have been doing if you hadn't been **preparing** for the cooking workshop lessons?

5. Amount of **total class time** you spent **delivering** the lessons:

..... Hours Minutes

6. What would you have been doing with your class if you hadn't been spending time **delivering** the lessons?

7. Any issues / comments about the cooking workshop lessons:

Cooking workshop
(to be completed by staff member who delivered the cooking workshop)

1. Name and role of member of staff who delivered the cooking workshop (and completing this form)

.....

2. What was the topic of the workshop? (Breakfast, Lunch, Dinner)

3. Amount of time in total you spent **preparing** for the cooking workshop (including advertising to parents, shopping for food (etc)):

..... Hours Minutes

4. What would you have been doing if you hadn't been **preparing** for the cooking workshop?

5. Amount of **class time** you spent **delivering** the workshop:

..... Hours Minutes

6. What would you have been doing with your class if you hadn't been spending time **delivering** the workshop?

7. Number of children who participated in the workshop

..... out of

8. Names of children and reasons (if known) for not participating in the workshop:

9. How many children had at least one parent/carer participating in the workshop with them?

10. Were there any other helpers? (e.g. Year 6 children, other school staff)

11. If so how many? Child helpers School staff helpers

12. Any issues / comments about the cooking workshop?