



Date:

Time:

Patient Label

Consultant:

### Stage 1: Identification

**Is there clinical uncertainty of recovery?**

1. Is the patient deteriorating, clinically unstable with limited reversibility; and
2. Is the patient at risk of dying during this episode of care despite treatment?

### Stage 2: Day one interventions

Remember to apply the principles of the Mental Capacity Act 2005

Intervention		Action / comments	Name Date Time
Complete within 12 hours at patient's pace.	Nursing responsibility to ensure intervention takes place	<b>Discussion with patient ± carer held and documented</b> May include: <ul style="list-style-type: none"> <li>• uncertain recovery &amp; treatment options</li> <li>• concerns, wishes &amp; preferences</li> <li>• preferred place of care</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> No
	Medical responsibility to ensure intervention takes place	<b>Medical plan documented in patient record</b> including: <ul style="list-style-type: none"> <li>• current key issues</li> <li>• anticipated outcomes</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> No
		<b>Escalation decision documented</b> <ul style="list-style-type: none"> <li>• <b>treatment plans</b></li> <li>• <b>resuscitation status</b></li> <li>• <b>level of intervention:</b>  <input type="checkbox"/> ward only <input type="checkbox"/> HDU only <input type="checkbox"/> ITU</li> </ul>	<input type="checkbox"/> Yes <input type="checkbox"/> No
		<b>Medical plan discussed and agreed with nursing staff</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No

Record detail in the patient's record

### Stage 3: ACT – Daily monitoring and review

#### Review the patient daily using the principles of 'ACT'

Assess patient capacity for each decision and involve in line with the Mental Capacity Act 2005

- A** Is the patient's care still suitable for support with the **AMBER** care bundle?
- C** Are there any medical **C**hanges?
- T** Have you **T**alked with the patient ± those important to them?  
**Have any preferences changed?**

### Stage 4: Discontinue the AMBER care bundle if

The patient's recovery is no longer uncertain and /or needs a different approach to care because:

- Patient has recovered from this acute episode
- Patient is likely to be dying and **an individual plan of care for the last days of life is developed**
- **Patient is transferred to a clinical area not familiar with its use**
- Patient is discharged

**Communicate patient preference for future care and treatment escalation plans on transfer or discharge.**

## Stage 1: Identification

Anyone can identify that their patient may be appropriate for the AMBER care bundle.

Identification

Member of staff questions whether the patient has **clinical uncertainty of recovery**:

1. Is the patient deteriorating, clinically unstable with limited reversibility; and
2. Is the patient at risk of dying during this episode of care despite treatment?

YES to both questions

Member of staff discusses with multi-disciplinary team. The decision to implement the AMBER care bundle is made by a senior clinician involving the patient ± those important to them in options around treatment as appropriate. Urgent interim actions may be agreed.

## Stage 2: Day one interventions

Implementation

Ward communication and documentation:

- Place AMBER order through EPR. Complete by hand. Place in chronological order in patient's notes. Place AMBER 'A' magnet on Patient Status at a Glance (PSAG) Board. Record as 'AMBER' on handover sheet.

The nursing team will ensure that:

A joint medical / nursing meeting with **patient ± carer** has been offered and arranged. Discussions should:

- Proceed at the patient's pace
- Seek to understand what is important to the patient
- Aim for shared decision involving patient ± carer in line with the Mental Capacity Act 2005

Key points and contact numbers are documented.

Discussions that take place without the patient are held with the consent of the patient unless it is part of a best interests' assessment.

The medical team will ensure that:

- A **medical plan** is documented and has been discussed with patient as appropriate
- An **escalation decision** is documented and has been discussed with patient as appropriate. **Should include: treatment plans, resuscitation status and level of intervention. All relevant local documentation is completed.**
- The **medical plan** is discussed and agreed with nursing staff, and this is documented.

Complete within 12 hours at the patient's pace. These interventions may occur at the same time.

## Stage 3: ACT - Daily monitoring and review

Daily review

As part of the patient's daily review, **place the orange ACT stickers in the notes** and check:

**A** – Is your patient still suitable for support with the **AMBER** care bundle?

**C** – Are there any medical **C**hanges?

**T** – Have you **T**alked to your patient ± those important to them?

Have any preferences changed? Has patient's preferred place of care changed? Remember to consider patient's capacity and build on previous conversations. Record relevant information in patient's notes.

## Stage 4: Discontinue the AMBER care bundle if

Change support

The patient's recovery is no longer uncertain and /or needs a different approach to care because:

- Patient has recovered from this acute episode
- Patient is likely to be dying and **an individual plan of care for the last days of life is developed**
- **Patient is transferred to a clinical area not familiar with its use**
- Patient is discharged

**Remove the AMBER 'A' from the PSAG board.** Note the relevant change in the patient's status in the notes. **If discharged**, prompt patients to consider future care and communicate their preferences. **Hand over key information including preferences and treatment escalation plans.**