

Pre-ops Bird Training Program Design

Dear x,

Thank you very much for agreeing to assist us with the development of the Pre-ops Bird Training Program. The training program is targeted at practice nurses who will be delivering a screening and short intervention for risky drinking to pre-operative patients.

To support nurses with the delivery of the intervention we have designed an outline for a 2, 5 hour training program that aims to provide nurses with the necessary knowledge and skills to effectively deliver the intervention. Given your experience in pre-operative care we would like to involve you in the design of this training to make it as appealing and relevant as possible for the nurses.

The following questionnaire provides an outline of the preliminary components of the training. Could we please ask you to look at each individual component and rate each in terms of:

- Effectiveness (Will the component help nurses gain necessary knowledge and skills to effectively deliver the intervention?)
- Acceptability (Is the intervention component appropriate for the nurses?)
- Side-effects (Are there any potential negative side-effects of the component? E.g. nurses might feel uneasy or distressed to do an exercise)

Please respond to each item with Yes or No in the third column. If you feel like a specific component doesn't fit any of the criteria (effectiveness, acceptability, or side-effects) could you provide a short description of your rationale?

Intervention function	Individual training components	Does the intervention function meet the following criteria (effectiveness, acceptability, side-effects, equity)?	Why no?
Education	Providing information/ education regarding risks associated with risky drinking behaviour	Effectiveness: Acceptability: Side-effects:	
Education	Providing information about what constitutes normal/abnormal drinking behaviour	Effectiveness: Acceptability: Side-effects:	
Persuasion	Scientific evidence will be used to strengthen the credibility of the intervention package	Effectiveness: Acceptability: Side-effects:	
Incentivisation	Nurses will be quizzed about their knowledge regarding the intervention package and a prize will be given	Effectiveness: Acceptability: Side-effects:	

Education, Training	Instructions on how to complete the intervention package with the patient	Effectiveness: Acceptability: Side-effects:
Modelling	Short video demonstrations of the delivery of the individual intervention package	Effectiveness: Acceptability: Side-effects:
Training	Nurses will be prompted to practice delivering the brief intervention to each other	Effectiveness: Acceptability: Side-effects:
Training	Intervention deliverers will provide feedback to the nurses on how they delivered the intervention	Effectiveness: Acceptability: Side-effects:
Enablement	Nurses will be prompted to come up with a plan on how to deal with difficult/challenging situations	Effectiveness: Acceptability: Side-effects:
Enablement	Nurses will be encouraged to form 'supportive couples' or groups in which they can discuss their experiences and address any concerns	Effectiveness: Acceptability: Side-effects:

Thank you very much for completing this questionnaire. We will have a look at your responses and integrate your feedback in the final version of the Pre-ops Bird Training program.

Kind Regards,

Your Pre-ops Bird Research Team