

Helping Families: Development of a New Parenting Programme

Interview Topic Guide – Referring Clinician

Usual care

This research focused on families where the parent fits formal diagnostic criteria for a Personality Disorder (although this may not have been diagnosed already) and they have a child with emotional and/or behavioural difficulties. What would usual practice be for these families within your service?

Probe: Information gathering? Joint-working? Referrals? Liaison with other services? Work targeting the ‘family’? Do you have a specific case example that you can think about?

What would you normally do if you thought a parent might present with indications of PD, but had not been diagnosed?

You are probably not familiar with the ‘Think Family’ NICE policy document?

It highlights the need for a ‘multi-agency’ approach to all stages of the care process i.e. assessment and information gathering, support and intervention, liaison and joint-working and referrals to other services. To what extent has your team implemented these recommendations?

Probe: Barriers/things that make this challenging for your team?

Identification and recruitment

What was your experience of identifying potential participants for this study?

Probe: How did you find that? Process? Experience?

What was your experience of discussing the research with parents?

What preliminary steps did you take before this?

Probe: How did you find that conversation and proceeding steps? Can you tell me a bit more about your thoughts in relation to this? Any information which you feel may have been helpful at this stage?

To what extent did the information/presentation/conversation with the researcher affect your willingness/confidence to identify and approach potential participants?

Probe: What could the research team have done differently in order to facilitate this process so that you felt more able to identify and approach potential participants?

Not eligible

When you were informed by the research therapist that the parent would not be continuing with the intervention, what were your thoughts?

Probe: Can you tell me a bit more about that?

What are your views on the screening process?

What sort of conversation did you have with the parent?

Probe: What are your reflections of this?

Are you aware of anything negative happening as a result of the screening process?

Probe: What? What were the impacts and their duration. Brief, temporary or enduring

Did this affect you? ... your relationship with the parent? How?

Do you think what happened had any effect on the child(ren)?

Intervention

Impact

Probe: What difference, if any, do you think the parenting programme has made to the parent?

In what ways was it helpful / unhelpful?

Has the parent talked to you about this?

Adverse events/negative outcomes

Are you aware of anything adverse events resulting from the screening and/or parenting sessions?

Probe: What? What were the impacts and their duration. Brief, temporary or enduring

Did this affect you? ... your relationship with the parent? How?

Do you think what happened had any effect on the child(ren)?

Your work

Probe: How well do you think the programme fitted alongside the work which you have been doing with the parent?

Probe: Have there been attempts to work together? How effective/successfully?

Probe: Has it complimented / duplicated / been in conflict with other services

Did you alter the type or amount of support you offered when they started the programme?

Overall Assessment

Probe: Thinking about the programme as a whole, how would you describe it in terms of its potential impacts?

Who do you think would benefit from it most? PROBE: Narrow or broader inclusion criteria?

Probe: Do you think it might work well for some, not for others. Why?