

**Report Supplementary Material 21** Interview schedule\_Trial participants

**Interview schedule - patient**

Hello, thanks for meeting to talk with me about the treatment that you have had for your shoulder and taking part in this study. Talking to people about their treatment can have a really important impact on the care that people receive in the future. You do not have to take part in this interview just because you have been involved with the study looking at the different treatments for your shoulder problem but your experiences are really valuable to us. If you want to stop at any time for any reason then just ask me and we can stop. Is it OK to record our talk so that I don't have to write notes down? I want to make sure I don't miss anything important. I will make a summary of our talk and can send it to you if you would like me to. If for any reason you don't want me to use our talk (or any bits of it) in this research then I will delete it and not use it. Please feel free to say anything /interrupt me when you want to.

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- When/how did your shoulder problem start; what do you think caused it; what impact has it had on your life?
- Did you/do you have any particular concerns about your shoulder?
- How would you describe what a 'Frozen shoulder' is to a friend?
- Can you talk to me about any treatment that you have had for your shoulder before the study? (Prompts for NHS, allied and complementary therapies)

**THE STUDY**

- Can you remember what made you decide to take part in the study?
- Can you talk to me about what you hoped to achieve from taking part in the study?
- Can you tell me about the treatment that you have had in the study?
- Can you tell me anything about the treatments in the study that you did not have? (prompt others)
- Before the study started, did you have a preference for which treatment you were to get? (If yes, why?)
- Is there anything that you would change about the treatment?
- If you had the same shoulder problem again would you have the same/different treatment? Why?
- Is there anything that you would change about the healthcare that you have received?
- If you were planning a treatment programme for frozen shoulder, what are the most important things that you would include in it?
- Are you satisfied with your treatment? Do you think the treatment helped you? If so, how?
- Can you describe to me what you would consider to be a good outcome from treatment?
- Have your expectations changed since the study? Can you tell me more about this?
- What are your expectations for the future?
- What did you think about the process of entering the study (questionnaires, consenting etc.)?
- If you were planning a study like this would you change anything?
- Study impact on you? (e.g. have you enjoyed it, have you learnt anything, have you improved?)
- Would you take part in this or any other study again? (why/why not)

**Is there anything else that you would like to talk about?**