

DUP Version 3 (NOS-DUP)

Name: D.O.B: Gender:

Date:

Current psychiatric diagnosis (ICD-10):

Date of contact with mental health services:

Interviewer:

Check: informed consent obtained

Preliminary Assessment Sheet (PAS)

This sheet should be filled in before starting the interview, using all available information

Sources of information:

(1= Case-notes; 2= PSE; 3= GP letters; 4= History/MSE; 5= Informant/carer; 6= other, specify)

Prodrome (P)

Manifestations Starting date OP (Onset of prodrome):

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Date of First Psychotic Symptom (FPS)

Type of symptom:

TRANSITION - Date of Diagnosis of Psychosis from Notes:

 Date of start of antipsychotics:

Antipsychotic used: Dose: Compliance (Yes/No/Not known)

NOS Interview: Prodrome (P)

Key dates and/or anchor events.	Manifestations	Remarks/examples
Starting dates		

Prodrome checklist (this list is for illustrative purposes and is not exhaustive)

Please use cards as prompts

Thinking	Perception	Behaviour
Difficulty concentrating	Something has changed in you	Restless, can't settle, impulsive
Difficulty making decisions	Others have changed	Arguing more
Unusual thoughts	Senses seem sharper	Avoiding people, stays in more
People talking about you	Experiencing strange sensations	Seeking reassurance
People are against you	Seeing or hearing things	Becoming preoccupied
You cannot trust anyone	Mood/Feelings	Becoming frightened
You have special powers	Feeling unreal,	Speech muddled, and unclear
Receiving special messages	Feeling moody	Agitation, Inappropriate behaviour
Thoughts are being controlled	Feeling low and anxious	Unpredictable or rigid routine
Preoccupied with 1 or 2 things	Feel tired, lacking energy	Not doing well at work or school
Becoming increasingly religious	Feeling isolated	Poor sleep, appetite, weight loss
Others can read your mind	Feels empty, tense, irritable	Repetitive behaviour
You can read other people's mind	Elated, unduly cheerful	Neglecting hygiene
Thinking bizarre thoughts	Feeling guilty or suicidal	
People know what you are thinking	Feeling angry and aggressive	

Emergence of Psychotic Symptoms (FPS and DD)

Psychotic symptoms	Date	Examples/remarks
First psychotic symptom (FPS) Build-up of diagnostic symptoms (delusions, hallucinations, thought disorder, FRS, Catatonic symptoms, negative symptoms, bizarre behaviour)		
TRANSITION: Date of definite diagnosis from interview (DD)		

Start of Treatment (T)

Antipsychotic (s)	Dose	Date prescribed	Date taken regularly (at least 75% compliant) T

Determining Durations

- **Prodrome** From OP to DD
- Emergent Psychosis *From FPS to DD*
- Duration of untreated Psychosis *From DD to T*
- Duration of untreated illness *From OP to T*

We recommend using the time period from Definite Diagnosis to Treatment (DD-T) as standard measure of DUP