What questions can I ask?

YOU CAN ASK ANYTHING YOU LIKE!

Here are some . Can I take my medicine again? questions you may . How long will the side effect last

- If I take my medicine again, will a I have the same side effect?
- . Can I have a different medicine that doesn't give me side effects?
- What will happen if I don't take my medicine? . How long will the side

effect lost

What should I do if I think I've had a side effect?

If you think you have had a side effect it is really important that you tell others how you are feeling. Some side effects go away quickly but some stay, and some can be serious. You should talk to your mum or dad, or another grown up that you trust. If you are at school you could talk to a teacher.

Like Tom and Lily you may want to talk to your doctor or nurse about what to do next. They will listen to your problems and work out what's best for you. It might be best to keep taking the medicine like Lily, or it might be best to try another medicine like Tom.

Talking about problems with medicines

Information leaflet about side effects for children aged 5-8 years





Who is this leaflet for?

Are you worried that a medicine is making you feel worse? It might be a side effect. This leaflet is for children to read with a parent or grown up. The leaflet is to help you talk with a doctor or nurse about any worries that you have about medicines.

Uly's ear was hurting. She went with her mum to see the loctor. Dr Jones said that a germ was making Lily's ear ache She gave Lily some medicine to make the germ go away go zy. Dr Jones said the medicine would take a few days to rk. Lily didn't mind taking the medicine - it was yello

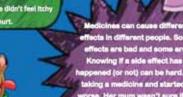
The next day Lily had earache and a headache tool Lily's m thought the headache might be a side effect of the medici so Lify and her mum went back to see Dr Jones. Dr Jones told Lily that it was very rare for this medicine to give people headaches. She said, "The same germ that is making your ear ache is also making your head ache. The medicine will soon make both aches go away." Lily and her mum agreed that she should keep taking the banana medicine. When Lily woke up the next day she felt much better. Her earache and headache had both gone away!

Tom's Story

to stop his tummy hurting. The medicine worked and n's tummy didn't hurt. But a bit later, Tom started feeling very itchy. He couldn't stop scratching! Dr Wood said that the ne was good at stopping pains but it made some people tchy. This is a side effect of the medicine. Tom's itching was so bad that Dr Wood stopped the medicine and gave Tom a new nedicine. After that Tom felt much better. He didn't feel ltchy ore and his turning didn't hurt.











Medicines are designed to help you but sometimes they can cause problems. For example, a medicine to stop a bad pain might make you feel sick or cause a headache. These unwanted problems are called side effects. You may also hear them called 'adverse drug reactions'. Side effects can range from being common to very rare. They can also range from mild to severe. So, if you think you're having a side effect from your medicine, it's really important that you tell others how you're feeling.

Apart from my doctors and nurses, o else watches out for side effects?

The Medicines and Health Care products Regulatory Agency (MHRA) watches out for side effects. Anyone can report a side effect to the MHRA either by going to their website http://www.mhra.gov.uk/ or phoning them free on 3808 100 3352. If you decide to report your side effect to the MHRA you might want to ask your parent for help.

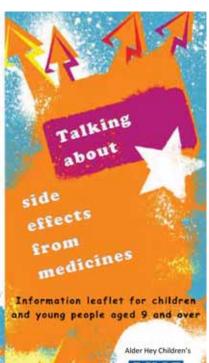
7. Where can I find out more

Information?

For more information about side effects, please see the information leaflet that came with your medicine. If you did not get a leaflet, please ask a doctor or nurse for one, or visit the website

http://www.medicinesforchildren.org.uk/

the ADRIX LAGVETUE DEVE REACTIONS Children's Programme, which was hundred by the National institute to NHS



Foundation Trust

1, Who is this leaflet for?

If you think you might have had a side effect from a medicine this leaflet is for you. Sometimes children and young people are worried about side effects but they aren't sure what to do next, or don't know what questions to ask. This leaflet gives some information about side effects, but its main purpose is to help you in talking with a doctor or nurse about any concerns you may have about side effects.

Can I be sure if my medicine has caused a side effect?

Often it is impossible to be sure if a medicine is really causing a side effect so it may be best to seek advice from a doctor or nurse. Many common problems (like stomach upsets or headaches) may actually have nothing to do with medicines. For example, a person might be taking a medicine for a long time and then catch an upset stomach infection (e.g. the 'winter vomiting bug'). In this case it is most likely that the infection - not the medicine - is causing the upset stomach.

4. What should I do about my medicine If I have had a side effect? Most medicines come with a leaflet

describing the medicine, how to take it and possible side effects. It is important that you read this leaflet. If you think that you have a side effect it's important to speak to your mum or dad or another responsible adult. They might want to discuss with a doctor or nurse about what to do next. There may be different options to consider. For example, if the side effect is mild and your medicine is

the medicine. If the side effect is severe, your doctor may talk to you about taking a smaller dose (amount) of medicine, using a different medicine or stopping your

helping you, it might be best to keep taking

medicine.

questions can I ask my

You can ask anything you like! Just in case you c think of any questions, we've written some below that you might want to ask

Can I take my .

How long will the medicine again?

raile effect last? If take my modeline Will there be again, will I have the same side effect? more side

effects?

Can I have a different medicine.

that doesn't give me side

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