Longer-term Unmet Needs after Stroke

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PI	ease read each statement and answer it as follows		
Ti	ck 'YES' 🗹 if you agree with the statement		
Ti	ck 'NO' if you do not agree with the statement or it doesn't apply to you		
	у по	YES	NO
1.	I would like more information about my stroke (e.g. what is a stroke, why it has happened to me and how to avoid having another one)		
2.	I haven't had my medication/blood pressure checked for some time and would like a check up		
3.	I regularly get pain and nothing seems to ease it		
4.	My walking and general moving seems to be getting worse and I'm not getting any help with this		
5.	I am worried that I might fall (again) and this is stopping me from doing my usual things		
6.	I need additional aids (e.g. kitchen equipment) or adaptations (e.g. stair lift, grab rails) inside the home		
7.	I need adaptations outside the home (e.g. ramp, rail) but they haven't been ordered yet or I've been waiting too long		
8.	I need some help / advice about getting back to driving and / or getting a blue badge		
9.	I would like to find out about travelling on buses, taxis and / or trains		
10.	I would like outside help to get jobs done in my home (e.g. cleaning, cooking, ironing, fixing things)		

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		YES	NO
11.	I would like to look into the options for moving to another home		
12.	I would like some advice about how to improve my diet (e.g. alcohol, sugar, fat and salt intakes)		
13.	I need some advice to help me manage my money better (e.g. paying bills, getting my pension)		
14.	I would like help to find out about, or to apply for benefits		
15.	I would like advice on employment after stroke		
16.	I need more help with things like cutting my toenails, washing myself or dental care (including dentures)		
17.	I have problems with my bladder / bowel (accidents, constipation, diarrhoea) and would like some help with this		
18.	I am concerned about my physical relationship with my partner and would like some advice or information		
19.	I forget things quite a lot or find it hard to concentrate and would like some help with this		
20.	I often feel quite low, angry or worried and would like to find out what help is available		
21.	I would like to occupy my day better (e.g. social outings, home library, hobbies) but don't know how to go about it		
22.	I would like to find out about holidays / breaks (including transport) that cater for people with disabilities		