

Preparation, Support and Development

We have a Patient and Public Involvement Officer, who will offer on-going support and mentoring based on your individual needs. We try to make our activities as accessible and engaging as possible and create a supportive environment for our members.

Being a member of the network can also provide access to development opportunities such as workshops, training and conferences.

Get Involved

If you would like to join our network, or just get some more information then contact:

Delia Muir
Patient and Public Involvement Officer

Clinical Trials Research Unit (CTRU)
University of Leeds
Leeds
LS2 9JT

0113 343 8609

d.p.muir@leeds.ac.uk

The Clinical Trials Research Unit (CTRU) is based at the University of Leeds. The unit works on research projects across the NHS. One of our key areas of work is pressure ulcer research.



The
Pressure Ulcer
Research Service User
Network UK

PURSUN UK

**Information for patients, carers
and service users**



UNIVERSITY OF LEEDS

Pressure Ulcers

Pressure ulcers (sometimes called bed sores or pressure sores) are mainly caused by lying / sitting in one position for a long period of time. They are a complication of other serious illnesses, injuries and long term conditions.

Pressure ulcers can cause a great deal of discomfort and distress for patients, as well as those caring for them. We are committed to raising awareness of the problems which pressure ulcers cause and improving care through research. We believe that the unique perspectives of patients, carers and service users are a vital part of this work.

What is PURSUN UK?

We are a network of people with personal experience living with or being at a high risk of pressure ulcers. This can be as a patient, carer or family member. We work in partnership with researchers and clinicians to help plan and carry out research.

We have a minimum of two general meetings a year. Other opportunities are sent out to members as they arise. There are a variety of ways to get involved. Including:

- Developing clear patient materials. This can be done at home by phone, post or email
- Developing new research ideas
- Helping to make sense of research findings from the service user perspective
- Becoming a member of research committees
- Representing the network at meetings and events

No previous experience of research is needed and not all members of the network are expected to be involved in all areas of work. We will work together to find the level of commitment which is right for you.

What's in it for you?

Being part of the network will give you the chance to:

- Help researchers and health professionals better understand the experiences of patients, carers and service users
- Help make sure pressure ulcer research is relevant to the public
- Help make sure pressure ulcer research is carried out in a respectful way
- Meet other people who are in a similar situation to you
- Learn more about research and build your skills

Payment and expenses

- Travel expenses will be reimbursed
- Any printing or postage costs will be reimbursed when working from home
- many of the research opportunities offered also include a fee for your time
- We are happy to discuss how payment may affect benefits