

Bleep number: _____

I feel...	Not			Moderate			Very
cheerful	1	2	3	4	5	6	7
excited	1	2	3	4	5	6	7
lonely	1	2	3	4	5	6	7
	Not			Moderate			Very
relaxed	1	2	3	4	5	6	7
anxious	1	2	3	4	5	6	7
satisfied	1	2	3	4	5	6	7
	Not			Moderate			Very
irritated	1	2	3	4	5	6	7
sad	1	2	3	4	5	6	7
guilty	1	2	3	4	5	6	7

Right now...	Not			Moderate			Very
I like myself	1	2	3	4	5	6	7
I am ashamed of myself	1	2	3	4	5	6	7
I am a failure	1	2	3	4	5	6	7
I am a good person	1	2	3	4	5	6	7
Right now...	Not			Moderate			Very
My future seems dark to me	1	2	3	4	5	6	7
I feel optimistic about the future	1	2	3	4	5	6	7
The future seems vague and uncertain	1	2	3	4	5	6	7

Right now...	Not			Moderate			Very	
I see phenomena	1	2	3	4	5	6	7	
These phenomena are	Unpleasant	-3	-2	-1	0	1	2	Pleasant
				Neutral				
I hear voices	Not			Moderate			Very	
	1	2	3	4	5	6	7	
These voices are	Unpleasant	-3	-2	-1	0	1	2	Pleasant
				Neutral				

Right now...	Not			Moderate			Very
I worry that others are plotting against me	1	2	3	4	5	6	7
Do you feel you deserve others to plot against you?	1	2	3	4	5	6	7
I feel that I can trust no-one	1	2	3	4	5	6	7
Do you feel you deserve to have no-one you can trust?	1	2	3	4	5	6	7
I believe that some people want to hurt me deliberately	1	2	3	4	5	6	7
Do you feel you deserve to be hurt?	1	2	3	4	5	6	7