

«GP_Name»
«PracAddress1»
«Town1»
«Postcode1»

Date

Dear «GP_Name»,

The following patient attended a voluntary Oral Glucose Tolerance Test for the Let's Prevent Study on «Date_of_Attendance». The results of the OGTT and general health screen are listed below:

Patient ID: «ID_Number»

Patient: «Title» «Forename» «Surname», «Address», «Town», «Postcode».

Date of Birth: «Date_of_Birth»

Height: «Height»m Weight: «Weight_»kg BMI: «BMI»kg/m²

Waist Circumference: «Waist»cm Blood Pressure:
«AvSystolic»/«AvDiastolic»mmHg

Current smoking status: «Current_smoking_status» If yes, number of cigarettes per day «If_current_how_many»

Blood Results:

Total Cholesterol	Result «TC»mmol/L
LDL Cholesterol	Result «LDL»mmol/L
HDL Cholesterol	Result «HDL»mmol/L
Triglycerides	Result «TG»mmol/L
Sodium	Result «NA»mmol/L
Potassium	Result «K»mmol/L
Urea	Result «Urea»mmol/L
Creatinine	Result «CR»umol/L
eGFR	Result «eGFR»mL/min
HbA1c	Result «HbA1c»%
Fasting Glucose	Result «M_0_Glu»mmol/L
120 Minute Glucose	Result «M_120_Glu»mmol/L

Liver Function Tests:

Alanine Transaminase	Result « ALT »iu/L
Alkaline Phosphatase	Result « ALKP »iu/L
Total Bilirubin	Result « BIL »umol/L
Gamma-GT	Result « GGT »iu/L

This patient was shown to have pre-diabetes. As your practice has been randomised to the control arm of the study, they have been given some routine advice and should be followed up according to normal practice guidelines. They will be recalled for a further follow up in 6 months.

Yours sincerely

Dr

Research Registrar, Diabetes & Endocrinology