

UP design: Certificate of achievement for research participants



Certificate of Achievement

Presented to

For their valuable contribution to the
Transition Research Study

.....
Professor Allan Colver



.....
Research Assistant
Date:

Presentation Overview

- Welcome (Ed)
- Introduction (Sophie)
- The Role of UP (George)
- The Importance of Our Research & Case Study (Ed)
- Our Completed Achievements (Joseph & Sophie)
- Concluding Statements (Ed)



Introduction

- Led by NHCFT with researchers from Newcastle university
- Funded by the NHIR
- 5 year study involving 500 young people
- Conditions which include Diabetes, Cerebral Palsy, Autism
- Aims – to improve care for teenagers as they move from children to adult healthcare services



The Role of

- To represent the voices of young people
- HONEST communication between UP and the PMB
- The opportunity for young people and professionals to work alongside as equals
- Democratic decision making paramount
- Work on serious issues and tasks in partnership with the PMB
- Question the decision making of the PMB



The Importance of Our Research

- We believe the NHS is not getting services right for young people
- We need to get it right for future generations
- We need to keep The World informed on new & important discoveries
- To leave a **GOLDEN** legacy for the future generations, to look UP to us!



Our Completed Achievements

- Peer support workers recruited research staff to assist
- Group formation & familiarization
- Group name and designed logo
- Code of conduct and contract
- Designed certificates
- Informed the Q sort study





UP Poster: What we've have been UP to



WHAT WE'VE BEEN UP TO



United Progression: The UP Group
The Young People's Working Group on the NHS Transition Research Programme

Help With The Other Transition Programme Workstreams

In answer to the question what is "Developmentally Appropriate Healthcare?", UP filmed 'Transition's Got Talent', which took a humorous look at the important issue of how health professionals interact with young people.

<https://research.ncl.ac.uk/transition/youngpeoplepage/theyoungpeoplesworkinggroup-up/#d.en.250079>

Developmentally Appropriate Healthcare is young-person-centred, flexible, and responsive to the changing developmental needs of young people.

The DVD was shown at a Health Foundation seminar on Developmentally Appropriate Healthcare.

Following the seminar, the National Institute for Health Research mentioned the film on its website, as part of an article showcasing UP's contribution to health research.

Designed a recruitment poster and leaflet for the longitudinal study which followed young people for four years as they moved from paediatric to adult services.

Designed certificates for young people completing every year of the 4-year longitudinal study.

Analysed and commented on the 'Proposed Beneficial Service Features', being investigated in the main study, in line with their own experience of transition.

Trialed and commented on the Young People's Preferences Study—Qsort tool, examining service features rated as important to young people themselves.

Participated in the Impact Study, exploring the process and benefits of involving young people in the Transition Research Programme.



Linked With Local And National Organisations

Takeover Day at the Department of Health, London, which allowed young people's voices to be heard. Showcased Transition & UP's research and also learned about other young people involvement groups.

Contributed to the Royal College of Physicians talking heads video which is now used as part of their e-learning tool for clinicians.

Provided case study material for the National Network for Adolescent Rheumatology report into the involvement of young people in health-related research.

As part of the Transition research group our comments were included in feedback on the draft NICE Guidelines on Transition, since published in February 2016.

Involvement with the Council for Disabled Children's North East event for Developmentally Appropriate Healthcare.

Created a poster to summarise UP's involvement in research, and attended the Young Person's Advisory Group - North of England conference which was centred around the involvement of young people in research.



Running Of The Transition Programme

Four young people were recruited as peer support workers for the newly forming UP group. They had experience of being involved in health services development and supported the researchers to recruit and form the UP group.

Whilst the UP group was forming, these peer support workers were involved with the recruitment of the Transition programme research associates.

They sat on interview panels for the recruitment of Transition research associates and participation worker posts

They were involved in the training of these Research Associates.

Transition Programme Launch Event; UP created a powerpoint presentation and presented and participated in a Q&A session.

UP provided material and design input for the transition website, including personal blogs and quotes, the inclusion of a young person page with a sub-section of The Young People's Working Group – UP pages, and a link to the 'Transition's Got Talent' film clip.

UP worked with Transition's External Advisory Board to give the young person's perspective to the national and international colleagues that were helping to govern the programme.



Showcasing Involvement Of Young People

Produced press release for local media about the launch of Transition Research and the importance of getting it right for young people.

Past, Present and Future Conference; presentation to local healthcare managers and researchers about involvement experience and health passport research pilot study. UP created an i-movie, powerpoint presentation and speeches.

UP member received award from local newspaper in their annual awards ceremony in recognition of his work in the community.

Youth Achievement Awards: UP members chose to capture their work as young researchers to achieve these awards.

UP developed new skills, which they were able to transfer into finding employment and other opportunities.

Peer support workers co-authored academic paper on young people's involvement.

UP were acknowledged as co-authors of research paper on proposed beneficial features of transition services.

Feedback to other research group on video 'Cracked', a documentary about young people suffering from psychosis.



Useful Links:
<https://research.ncl.ac.uk/transition/>
<https://research.ncl.ac.uk/transition/youngpeoplepage/theyoungpeoplesworkinggroup-up/>
<https://research.ncl.ac.uk/transition/newsevents/hardworkofupgrouprecognisedbynihn.html>

Email: Transition@ncl.ac.uk Telephone: Alison Mulvenna on 0191 282 1389 Write to: Transition Programme, Level 3 Sir James Spence Institute, RVI, Queen Victoria Road, Newcastle, NE1 4LP
You can also follow us on Twitter: @TransitionRes

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