

Head teachers Participant Information Sheet

Study title: PiP (Pre-schoolers in the Playground)

We would like to invite you to take part in this research study. Before you decide if you would like to take part, you need to understand why the research is being done and what it would involve for you. Please take time to read the following information carefully. Talk to others about the study if you wish, such as members of your family or friends.

Please ask us if there is anything that is not clear or if you would like more information. Take time to decide whether or not you wish to take part.

Why is the study necessary and what does it involve?

Why is the study necessary?

This study will find out how practical it is to provide a play programme for pre-school children in primary school playgrounds. We want to find out if the programme increases levels of physical activity in pre-school children and how acceptable the programme is to families and schools.

Why have I been approached?

You have been invited to take part in this study because you agreed for your school to be part of the study. We delivered training to staff working at your school before the Pre-schoolers in the Playground (PiP) sessions as part of the PiP study took place. We would like your feedback to find out about your experience of being involved in the study. We would also like to know how the play sessions were in practice and how you would improve them in the future following any feedback you may have had from your staff. If you agree to take part we will also ask you some questions about attendance at the sessions and how you feel attendance could be improved in the future.

If I decide to take part in this research, what will it involve?

A researcher working for the PiP study will arrange to telephone you at a convenient time for a short telephone interview. This will take place once all sessions that take place in the school have been completed (30 intervention weeks). The interview will take 10 to 20 minutes to complete. We would ask for your permission during this interview to record the interview and for the recording of the conversation to be typed into a transcript by an approved transcriptionist.

If you have any questions about the telephone interview please ask the researcher who contacts you. If you decide you would like to take part, please sign and return the consent form.

Do I have to take part?

No. As your school is taking part in the study it would be helpful to us if we could get feedback from you but you do not have to take part in an interview. If you do not wish to take part, please let the researcher who contacts you know. If you decide you do want to take part then change your mind, you will be free to withdraw at any time, without giving a

reason. This will not affect your school taking part in the study generally.. If you decide you are not interested in taking part in an interview we will not contact you again to take part in an interview.

What are the possible benefits of taking part?

The feedback you give us will help us to improve the study and therefore improve the results of the study which may benefit other young families in the future.

What are the possible disadvantages and risks of taking part?

There are no disadvantages to taking part in the interviews for the study. All schools taking part will receive the manual, training to staff and also the £200 towards play equipment even if you do not wish to take part in the interview.

PART TWO: MORE INFORMATION ABOUT THE CONDUCT OF THE RESEARCH

Will information about me taking part in this study be kept confidential?

All the information we collect will be entered onto a computer using an ID number so you cannot be identified by anyone outside the PiP study. The records will be held securely for up to 3 years and accessed only by the researchers involved in the study at Bradford Teaching Hospitals Foundation Trust (BTHFT) and our partner organisation, the University of York. The records may also be accessed by regulatory authorities auditing the research.

What if there is a problem?

If you have a concern about any aspect of this study, you should ask to speak with the researchers who will do their best to answer your questions. In the first instance you should contact Dr Sally Barber the PiP Trial Manager (telephone [REDACTED]). If you remain unhappy and wish to complain formally, you can do this through the NHS Complaints Procedure. Details can be obtained from Bradford Teaching Hospitals NHS Foundation Trust [REDACTED].

What will happen to the results of the research?

We will write a report at the end of the study and send a copy to you. We also anticipate that the results of the study will be published in medical journals and presented at meetings, and are happy to send you copies of this if you wish. The results will be analysed and reported in an anonymous form so that there can be no identification of individuals.

Who is organising and funding the research?

The research has been organised by Professor John Wright who is Director of Bradford Institute for Health Research. He is helped by the Born in Bradford team of researchers and partner organisations the University of York and Durham University. The research is funded by the National Institute for Health Research which is a government department who fund health research. The researchers are doing this research as part of their jobs and do not receive any extra payment for doing it.

Who has reviewed the study?

The National Institute for Health Public Health Research Programme Panel have reviewed this study and recommended that the research is important and good enough to be funded. It has also been reviewed by the Bradford Research Ethics Committee and been given ethical approval.

Who can I contact for more details? The Trial Coordinator, Ms Shaheen Akhtar is happy to discuss the research over with you again, either at your school or over the phone. You can reach her on [REDACTED] or on her mobile [REDACTED].