



Queen's University
Belfast

THANK YOU!

Feedback to pupils



The *JACK Trial* Team at Queen's University Belfast would like to thank all the pupils, teachers and parents who gave up their time to take part in the research. Without your help the study would not have been possible.

The work we did with you was so successful that JACK is now travelling to Scotland, Wales, England and all over Northern Ireland ON a new study with thousands of pupils across the UK.



Thanks to you, we've made lots of changes to the *If I Were Jack* film and activities. We've also improved the questionnaires and the way we carry out the research. Here are just some changes that we will make as a result of your feedback:

YOU SAID!

- The film looks a little old-fashioned, especially Jack's phone, and it's cheesy at times.
- Most of us don't like homework activities.
- We don't want to do the questionnaire so many times.
- Some of the words and questions you use are difficult for us to understand.
- Don't plan research activities just before school holidays or exams.
- Make sure we have enough space so other pupils and teachers can't see what we are filling in the questionnaires.
- My parents couldn't come to the information sessions so they didn't know what was happening in class.

WE DID!

- We're making a new version of the film with more modern phones and less cheese!
- We've removed all of the homework apart from the parents' survey.
- Pupils will now fill in the questionnaire twice instead of three times.
- We've changed the words and questions you told us to change!
- We will now ask teachers to do the Jack lessons in the middle of term time.
- In the new study we will ask teachers to stand at the front of the hall and make sure that there is plenty of space between the desks.
- We're replacing the parents information session with two animations which we'll send to them.

The new JACK research study is taking place right now and will end in 2020.

On a bigger scale, we will find out the benefits of the *If I Were Jack* resource for pupils across the UK. And it's all thanks to you!

THANK YOU!

Feedback to schools



The JACK Trial Team at Queen's University Belfast would like to thank all the teachers, pupils and parents who gave up their time to take part in the research. Without your help the study would not have been possible. Now that we've finished this part of the study, we thought you might like to know what we found and what we plan to do next.

- The aim of the study was to test a Relationship and Sexuality Education (RSE) resource called *If I were Jack*.
- 831 Year 11 pupils, 48 teachers and 8 schools in Northern Ireland took part.
- Four schools were randomly chosen to use the *If I were Jack* resource during four weekly sessions.
- All Year 11 pupils in the participating schools completed a questionnaire three times between November 2014 and October 2015.
- We talked to pupils, teachers and parents to find out what changes we need to improve the resource and to make it more interesting and useful.

WHAT WE DID

RSE in Schools

As part of the study we also asked a sample of teachers and pupils for their thoughts on existing RSE provision in schools in Northern Ireland.

- In general, it emerged that RSE provision was extremely variable and not perceived as a priority subject in most participating schools. Some schools had clearly structured RSE programmes whereas others had difficulty articulating their RSE provision. Most pupils recalled little to no previous attention or emphasis placed on unintended teenage pregnancy.
- Teachers reported a general sense that RSE provision remained somewhat sensitive, controversial and that attitudes towards RSE were highly variable, with some reports of religious conservatism and homophobia, and that improvements could be made.
- Teachers reported that post-qualifying training and opportunities for training in RSE appeared to be all but absent.
- Teachers welcomed new resources such as this which take a fresh approach to RSE and are sensitive to the needs of schools.

YOU SAID!

WE DID!

You made great suggestions about ways that we could improve the resource, the questionnaires, and the way we carry out the research. Here are just some changes that we will make as a result of your suggestions:

- Make a new modern version of the film and reduce the number of questions contained within it.
- Remove most of the homework activities and update other activities based on your suggestions.
- Replace the parents/guardians' information session with two animated films which help parents have conversations with their teenagers about sex and relationships.
- Use paper copies of the questionnaire to avoid possible technical difficulties completing online.
- Pupils complete the questionnaire twice instead of three times.

WHAT NEXT?

You have made a very positive contribution to the future development and evaluation of *If I Were Jack*. As a result of your suggestions we have improved the resource and are now setting up a UK-wide study which will determine if the *If I Were Jack* resource can help young people avoid unintended teenage pregnancy.