

Your answers are CONFIDENTIAL

Nobody other than the research team will know what your answers are.

They will NOT be seen by your parents or teachers.

Please read each question carefully before ticking the boxes.

There are no right or wrong answers.

Your views are important to us.

Enjoy!

ORIEL study
Queen Mary University of London
Tel:

******* Strictly Confidential ****** Strictly Confidential ***** Strictly Confidential ******
****** Strictly Confidential ***** Strictly Confidential **** Strictly Confidential ******

	You	and you	ır Family			
1.	Are you male or female ?	Male □₁	Female □ ₂			
2.	What is your date of birth?	/ day mo	/ onth year			
3.	How many homes do you live in	n? Oi	ne □₁ Two □₂ Mo	ore than two \square_3		
4.	4. How many people live in the home where you live most of the time? (Do NOT count yourself)					
5.	Who lives in the home where yo	ou live most c	of the time?			
AL	L boxes that apply					
	Mum	<u> </u>	Brother or Sister	 8		
	Dad	_2	Step-Brother or Sister	9		
	Step-Dad	3	Half-Brother or Sister	<u> </u>		
	Step-Mum	 4	Grandmother	<u>11</u>		
	Mum's boyfriend / partner	5	Grandfather	<u>12</u>		
	Dad's girlfriend / partner	6	Other relative (e.g. Aunt)	□ ₁₃		
	Foster parent	7	Other non relative	14		

*** * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * Strictly Confidential * * * * * * * * * * * * * * * * * * *						
6. Does your Mum or Step-Mum that you liv	/e with have a job?					
ONE box only						
Don't live with Mum or Step-Mum	1					
Mum or Step-Mum has a job	_2					
Mum or Step-Mum is a student	3					
Mum or Step-Mum does not have a job	4					
7. Does your Dad or Step-Dad that you live	with have a job?					
ONE box only						
Don't live with Dad or Step-Dad	1					
Dad or Step-Dad has a job	_2					
Dad or Step-Dad is a student	3					
Dad or Step-Dad does not have a job	4					
8. Do you have free school meals ?	No	Yes □₂				
9. Do you have your own bedroom for yourself?	No □₀	Yes □₁				
10. Does your family own a car, van or truck	? No □₀	Yes, one	Yes, two or more			
******* Strictly Confidential ***** Strictly C	Confidential * * * * * * *	* Strictly Confide	ential * * * * * * * *			

and an analysis Strictly Co	ontidential * * *	ranan Stric	tly Confidential	r r r r r r r r r Stri	ctly Confidential ^a	
11.During the past family?	12 months	, how many	times did you	travel away o	on holiday wit	h your
Not at all □₀		Once	Tv [vice] ₂	More than tv □₃	vice
12.How many com games console			y own? eg. La	aptop, PC, iPa	d. (Do NOT in	clude
None □₀		One	ר !	¯wo □2	More than t □₃	wo
13. How many roo hall/corridor	ms does yo	our home ha	ve? Do not c	ount the kitch	en, bathroom,	
One	Two	Three	Four	Five	Six □ ₆	Other (write in)
14.Have you move	ed home sin	ce you last o	completed ou Yes □₂	r questionnaire Don't k ⊡:	now	
15.What is your ac live to the Olym						
My house or flat num	ber is					
My street or estate is	called					
My postcode is e.g. <i>E8 6GU</i>						
* * * * * * * * Strictly Co	onfidential * * *	* * * * * * * Stric	tly Confidential	* * * * * * * * * Stri	ctly Confidential *	* * * * * * *

* * * * * * * * Strictly Co	onfidential * * * * * * * *	Strictly Confidential	* * * * * * * * * Stric	ctly Confidential *	* * * * * *

Who you are

16. Which ONE category best describes you? - This is your race or ethnic group

\checkmark	ON	ΙE	box	only

White UK/British	1
White Irish	\square_2
White Lithuanian	3
White Albanian	4
White Kurdish	5
White Turkish	6
White Polish	7
Any other White background	(please write in)
Black Caribbean	9
Black African	10
Black Somali	11
Black British	12
Any other Black background	13 (please write in)
Indian	14
Pakistani	15
Bangladeshi	16
Any other Asian background	17 (please write in)
Mixed White and Black Caribbean	<u></u> 18
Mixed White and Black African	19
Mixed White and Asian	<u></u>
Any other Mixed background	21 (please write in)
Arab	
Vietnamese	<u></u> 23
Any other background	24 (please write in)
7 any other background	

* * * * * * * * * Strictly	Confidential * * * * * * * * *	Strictly Confidential *	* * * * * * * * * Stri	ictly Confidential	* * * * * * * *

About You

17. Below are some statements **about feelings and thoughts**. Please tick the box that best **describes your experience** of each **over the last 2 weeks**

None of

Rarely

2

 \square_2

2

Some of

3

3

3

All of

Often

4

4

4

✓ ONE box on EVERY line

I've been thinking clearly

I've been feeling confident

I've been feeling loved

I've been feeling good about myself

I've been feeling close to other people

	the time		the time		the time
I've been feeling hopeful about the future	1	\square_2	3	<u>4</u>	5
I've been feeling useful	_1	\square_2	3	<u></u> 4	5
I've been feeling relaxed	<u></u> 1	\square_2	<u></u> 3	<u></u> 4	5
I've been feeling interested in other people	1	\square_2	<u></u> 3	<u></u> 4	5
I've had energy to spare	<u></u> 1	\square_2	3	<u></u> 4	5
I've been dealing with problems well		2	<u></u> 3	4	5

I've been able to make up my own mind about things

 \Box_1

 \square_1

 \prod_1

I've been interested in new things \square_1 \square_2 \square_3 \square_4 \square_5

l've been feeling cheerful

PLEASE CHECK: Have you ticked **ONE** box on **EVERY** LINE???

* * * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * Strictly Confidential * * * * * * *

		You	ur Healt	h		
18.In gene	ral, would you sa	ay your health	is			
ONE box or	nly					
very [•	nood	fair □₃	bad □4	very k □	
-	use special equi or disability which	•	-			Yes
20.Do you	have any of thes	se health probl	lems? ✓ A	LL that you h	ave	
Asthma □₁	Anaemia □₂	Eczema	a Epi [lepsy	Diabetes	Hay feve
Hearing roblems	Eyesight problems	Chronic Fa Syndrome /		lone of these	Other health p	
	g back over the	last 3 months	s, how often	have you ha	d the following	g?
		Rarely or never	About once a month	About once a week	More than once a week	Daily
He	eadache	1	\square_2	3	<u>4</u>	<u></u> 5
Stor	nach ache		\square_2	3	4	5
Ва	ack Pain		_2	3	4	5

* * * * * Strictly Confidentia	I * * * * * * * * * Strictly	Confidential * * * * *	* * * Strictly Confid	ential * * * * * * * * *

More About You

22. These questions are about how you might have been feeling or acting recently. For each question. Please check how much you have felt or acted in this way in the past two weeks.

If a sentence was true about you most of the time, tick TRUE. If it was only sometimes true, tick SOMETIMES. If a sentence was not true about you, tick NOT TRUE.

✓ ONE box on EVERY line

	True	Sometimes True	Not True
I felt miserable or unhappy	2	1	0
I didn't enjoy anything at all	2	1	0
I felt so tired I just sat around and did nothing	\square_2	1	0
I was very restless	\square_2	1	0
I felt I was no good anymore	2	1	0
I cried a lot	\square_2	1	0
I found it hard to think properly or concentrate	\square_2	1	0
I hated myself	\square_2	1	0
I was a bad person	\square_2	1	0
I felt lonely	\square_2	1	0
I thought nobody really loved me	\square_2	1	0
I thought I could never be as good as other kids	\square_2	1	0
I did everything wrong	2	1	0

PLEASE CHECK: Have you ticked **ONE** box on **EVERY** LINE???

* * * * * * * * * Strictly Confidential	* * * * * * * * * Strictly	Confidential * * * * * * * *	Strictly Confidential 3	* * * * * * * *

Physical Activities

These questions are to see how much exercise you do.

23. How many times did you do the following **physical** activities **at school** in the **past 7** days?

✓ ONE box on EVERY line

	Didn't do it	Once	2-3 times	4 or more times	Each time that you did this, how long did you normally do it for?
PE class	1	_2	3	4	hrsmins
Walk to school	1	2	3	 4	hrsmins
Cycle to school	1	2	3	<u></u> 4	hrsmins
Travel to school by car/bus	1	\square_2	3	<u></u> 4	hrsmins

* * * * * * * * * Strictly Conf	fidential * * * * * * * * Strictly Con	fidential * * * * * * * * Strictly Conf	fidential * * * * * * * * *
---------------------------------	--	---	-----------------------------

24. How many times did you do the following activities <u>outside school</u> in the past 7 days? Do not count the times that you did them on a computer, Wii, Xbox, PS3 etc...

✓ ONE box on EVERY line

ONE box on EVERY line	Didn't do it	Once times		4 or more times	Each time that you did this, how long did you normally do it for?
Aerobics	1	_2	3	4	hrsmins
Softball/rounders	1	_2	3	<u></u> 4	hrsmins
Basketball/Volleyball	1	_2	3	<u></u> 4	hrsmins
Cricket	1	_2	3	<u></u> 4	hrsmins
Dancing	1	_2	3	<u></u> 4	hrsmins
Football	1	_2	3	<u></u> 4	hrsmins
Gymnastics	1	_2	3	<u></u> 4	hrsmins
Hockey (field/ice/street)	1	_2	3	<u></u> 4	hrsmins
Martial arts	1	_2	3	<u></u> 4	hrsmins
Netball	1	_2	3	<u></u> 4	hrsmins
Rugby	1	_2	3	<u></u> 4	hrsmins
Running or jogging	1	_2	3	<u></u> 4	hrsmins

****** Strictly Confidential ***** Strictly Confidential **** Strictly Confidential *****

Question 24 continued...

	Didn't do it	Once	2-3 times	4 or more times	Each time that you did this, how long did you normally do it for?	
Swimming	1	_2	3	<u></u> 4	hrsmins	
Tennis/badminton/ squash/other racquet sport	1	2	3	<u></u> 4	hrsmins	
Ten Pin Bowling	1	2	3	<u></u> 4	hrsmins	
Household chores	<u> </u>	_2	3	4	hrsmins	
Rock climbing / Climbing wall	1	2	3	4	hrsmins	
Horse riding	1	2	3	4	hrsmins	
Rollerblading/skating	1	2	3	<u></u> 4	hrsmins	
Gardening	1	2	3	4	hrsmins	
Skateboarding	1	2	3	4	hrsmins	
Skipping	1	2	3	<u></u> 4	hrsmins	
Walking for exercise/the dog	1	2	3	4	hrsmins	
Other (write in)	<u> </u>	2	3	4	hrsmins	

****** Strictly Confidential ***** Strictly Confidential **** Strictly Confidential *****

* * * * * * * * Strictly Confidential * *	* * * * * * * Strictly Confidential *	* * * * * * * * Strictly Confidential *	* * * * * * * * *
---	---------------------------------------	---	-------------------

25. How many times did you do the following activities outside school in the past 7 days?

✓ ONE box on EVERY line

	Didn't do it	Once	2-3 times	4 or more times	Each time that you d this, how long did yo normally do it for?	
Art & Craft (pottery, sewing, drawing, painting)	1	<u></u>	_3	4	hrsmins	6
Doing homework	1		3	<u></u> 4	hrsmins	8
Listening to music	1	_2	3	4	hrsmins	6
Cooking/Baking	1	_2	<u></u> 3	4	hrsmins	6
Playing board games/cards	1	_2	3	4	hrsmins	8
Playing musical instruments	1	<u></u>	3	4	hrsmins	3
Reading	1	\square_2	3	4	hrsmins	3
Sitting talking	1	<u></u>	3	4	hrsmins	3
Talking on the phone / online messaging	1	<u></u> 2	_3	<u></u> 4	hrsmins	6
Other (write in)	1	2	3	<u></u> 4	hrsmins	6

* * * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * Strictly Confidential * * * * * * * *								
26. When did you watch TV or use the computer in the past 7 days?								
✓ ALL boxes that apply	on a <u>SC</u>	CHOOL	_DAY					
On what days in the past week did you do these activities? Each time that you did this, how long did you								
	None	Mon	Tue	Wed	Thu	Fri		ly do it for?
Playing computer consoles (Xbox, PlayStation, Nintendo)	1	2	_3	4	5	<u></u> 6	hrs	mins
Using computer, instant messenger, social networks, browsing	1	2	3	4	<u></u> 5	6	hrs	mins
Watching TV / DVDs	<u> </u>	2	3	4	<u></u> 5	<u></u> 6	hrs	mins
✓ ALL boxes that apply	on a <u>W</u>	<u>EEKEI</u>	<u>ND</u>					
		(On what o	days in th do these				that you did ong did you
			None	Sat	S	un		do it for?
Playing computer conso PlayStation, Nintendo)	oles (Xbo	ox,	1	_2		3	hrs	mins
Using computer, instant social networks, browsin		ger,	1	_2		3	hrs	mins
Watching TV / DVDs			1	_2]3	hrs	mins

* * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * Strictly Confidential * * * * * * *

W	here You Live	
* * * * * * * * * Strictly Confidential * * * * * * *	* Strictly Confidential * * * * * * * * *	Strictly Confidential * * * * * * * *

We'd like to ask you about the neighbourhood where you live.

By your neighbourhood we mean **ALL** the area that you could walk to in 10-15 minutes.

Please give the answer that best applies to you and your view of your neighbourhood.

27. How long have you lived in the neighbourhood where you live now	27.	How	long	have	you	lived	in th	e neigh	bourhood	where	you live	now	?
---	-----	-----	------	------	-----	-------	-------	---------	----------	-------	----------	-----	---

27. How long have you lived in the neighbourhood where you live now?						
ONE box only						
All my life □₁	Over 10 years	6-10 years	_	years	Less tha	n 1 year] ₅
28. About how long listed below if y	would it take to goou walked to ther	-	nome to th	ne neares	t business	es or services
ONE box on EVERY	line /	1-5 mins	6-10 mins	11-20 mins	21-30 mins	More than 30 mins
Local shop		1	\square_2	3	<u>4</u>	<u></u> 5
Supermarket		1	\square_2	3	4	<u></u> 5
Local services suc or library	h as bank, post of	fice	<u></u>	3	4	<u></u> 5
Fast food restaura	nt or takeaway	1	\square_2	_3	4	5
Bus stop		_1	\square_2	3	4	<u></u> 5
Tram, tube or train	station	1	_2	3	4	<u></u> 5
Sport and leisure for pool, fitness centre		ning	<u></u>	3	4	<u></u> 5
Open recreation are field or other open		orts1	\square_2	_3	4	<u></u> 5

* * * * * * * * Strictly Confidential * * * * * * * * Strictly Confidential * * * * * * * Strictly Confidential

* * * * * * * * Strictly Confidential * * * * * * * Strictly Co	onfidential * * * * *	* * * * Strictly	Confidential	* * * * * * * * *
29. How safe is your neighbourhood?				
ONE box on EVERY line	Strongly disagree	Slightly disagree	Slightly agree	Strongly agree
It is not safe to leave a bicycle <u>locked</u> in my neighbourhood	1		3	4
There are not enough safe places to cross busy streets in my neighbourhood	1	_2	З	4
Walking is unsafe because of the <u>traffic</u> in my neighbourhood	1	_2	3	4
Cycling is unsafe because of the traffic in my neighbourhood	1		3	<u></u> 4
It is unsafe in my neighbourhood during the day because of the level of crime/ anti-social behavior			3	<u></u> 4
It is unsafe in my neighbourhood during the nighbecause of the level of crime / anti-social behav		_2	3	<u></u> 4
30. How nice is your neighbourhood?				
ONE box on EVERY line			Slightly agree	Strongly agree
My local neighbourhood is a nice environment for walking or cycling	1	_2	3	4
My neighbourhood is generally free from litter or graffiti	1	_2	3	4
There are trees along streets in my neighbourhood	1	_2	3	4
In my neighbourhood there are a lot of badly maintained, empty or ugly buildings	1	_2	3	4
* * * * * * * * Strictly Confidential * * * * * * * Strictly Co	onfidential * * * *	* * * * Strictly	Confidential	* * * * * * * *

* * * * * * * * * Strictly Confidential * * *	* * * * * * Strictly Confidential * * *	* * * * * * Strictly Confidential *	* * * * * * *
---	---	-------------------------------------	---------------

31. How easy is it to walk or cycle in your neighbourhood?

✓ ONE box on EVERY line

	Strongly disagree	Slightly disagree	Slightly agree	Strongly agree
There are many shortcuts for walking in my neighbourhood	1	_2	3	4
Cycling is quicker than driving in my neighbourhood during the day	1	_2	3	<u></u> 4
There are many road junctions in my neighbourhood	<u> </u>	_2	3	<u></u> 4
There are so many different routes that I don't have to go the same way every time	<u> </u>	_2	3	<u></u> 4
The streets in my neighbourhood are hilly, making my neighbourhood difficult to walk or cycle in	1		3	<u></u> 4

32. **Do you agree or disagree** with the following statements?

✓ ONE box on EVERY line

	Strongly disagree	Slightly disagree	Neither agree nor disagree	Slightly agree	Strongly agree
I feel safe walking in my neighbourhood, day or night	1	_2	3	4	<u></u> 5
Violence is not a problem in my neighbourhood	1	_2	3	4	<u></u> 5
My neighbourhood is safe from crime	<u> </u>	2	3	<u></u> 4	<u></u> 5

* * * * * * * Strictly Confidential * * * * * * *	Strictly Confidential * * * * * * * *	Strictly Confidential * * * * * * * *

You and Your Neighbourhood

33. How much in the last year have you?					
✓ ONE box on EVERY line		Not at a	ll Just	once	More than once
Written things or sprayed paint on property that dibelong to you?	id not	0		1	_2
Stolen something from a shop or store?		0		1	_2
Broken into a house or building to try and steal so	mething?	0		1	_2
Hit, kicked or punched someone else on purpose intention of really hurting them?	with the	0		<u>_</u> 1	_2
Deliberately damaged or destroyed property that belong to you?	did not	0		<u></u> 1	_2
Stolen any money or property that someone was carrying or wearing at the time?	holding,	0		1	_2
Set fire or tried to set fire to something on purpose	e?	0		1	_2
Carried a weapon with you for protection or in cas needed in a fight?	0		<u>_</u> 1	<u></u>	
Been rowdy or rude in a public place so that peop complained or you got in trouble?	ole	0		<u>1</u>	_2
34. We'd like to know how much you trust different groups of people. Generally sp would you say that you?					
✓ ONE box on EVERY line	A lot	Some A	A little	Not at all	Not applicable
Trust people in your neighbourhood	1	_2	3	4	<u></u> 5
Trust people at your school	_1	<u></u>	<u></u> 3	<u></u> 4	<u></u> 5
Trust people at your church or place of worship	1	_2	_3	4	<u></u> 5
Trust people who work in the stores you shop at	_1	_2	<u></u> 3	<u></u> 4	5
Trust the police in your local community	1	_2	3	<u></u> 4	5

****** Strictly Confidential ******	Strictly Conf	idential * * *	* * * * * * Strictly (Confidential *	* * * * * * * *			
35. Please show how much you agree or	disagree w	ith each s	statement.					
✓ ONE box on EVERY line								
	Strongly agree	Slightly agree	Neither agree nor disagree	Slightly disagree	Strongly disagree			
In general most people can be trusted	1	_2	З	4	5			
Most people are fair and won't take advantage of you	1	_2	3	<u></u> 4	5			
I have friends that I can trust to keep a secret	1	2	3	4	5			
I have friends that I can trust to keep their promises	1	2	3	4	5			
I stick up for my friends when someone says something mean about them	1	2	3	4	5			
36. Please show how much you agree or live. ✓ ONE box on EVERY line	disagree w Strongly agree	vith each s Slightly agree	Neither agree nor	ut the area Slightly disagree	where you Strongly disagree			
I like this area			disagree	 4				
I want to leave this area				<u></u> 4	5			
Other people think this is a good area			\square_3	<u></u> 4				
I feel part of this area			3	4	5			
I have friends that live in this area		_2	3	<u>4</u>	5			
37. Thinking about the past 2 weeks , please say how true each of the following statements is for you. ✓ ONE box on EVERY line Not at A little Somewhat Very Extremely all bit much								
Fear of embarrassment causes me to avoing things or speaking to people	oid 🔲		_2	3	<u></u> 4			
I avoid activities in which I am the centre attention	of 🔲		_2	3	<u></u> 4			
Being embarrassed or looking stupid are among my worst fears	0	1	\square_2	<u></u> 3	<u>4</u>			

* * * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * Strictly Confidential * * * * * *

Smoking and Drinking
******* Strictly Confidential ****** Strictly Confidential ***** Strictly Confidential *

38. How old were you when you first tried smoking a cigarette, ev	en if it was	a puff or two?
Age you first tried smoking: or I have never smok	ed cigarett	tes 🔲 0
If you have never smoked then please go to question 41. If you l carry on answering the questions.	have smo	ked then please
39. How often do you smoke cigarettes ?		
✓ ONE box only		
I have never smoked cigarettes	_1	
I have only smoked cigarettes once or twice	_2	
I used to smoke cigarettes sometimes, but I never smoke now	3	
I sometimes smoke cigarettes now, but I don't smoke every week	4	
I usually smoke between 1 and 6 cigarettes a week	5	
I smoke more than 6 cigarettes a week	6	
I smoke one cigarette a day, or more	7	
40 D		
40.Do you use any other tobacco substances? (e.g. paan, shisha, bidi, chewing tobacco?)	No	Yes □₂
(g. p.a, 2, 2, 2		

* * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * Strictly Confidential * * * * * * *

******* Strictly Confidential ****** Strictly Confidential ****** Strictly Confidential ****** 41. How old were you when you had your first proper alcoholic drink - a whole drink, not just a sip?							
	had a whole ald	coholic drink _			never had a wh Icoholic drink	ole □₀	
	never had a wh				to question 44.	If you have	
	often do you ha	ve an alcohol	lic drink?				
✓ ONE box	only						
Almost every day	About twice a week	About once a week	About once a fortnight	About once a month	Only a few times a year	I never drink	
<u></u> 1	2	<u>_</u> 3	4	<u></u> 5	6	\square_7	
43. Have	you ever been	drunk?	No □1	Yes			

* * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * *

 Strictly	Confidential	 Strictly	Confidential	 Strictly	Confidential	

The Olympic & Paralympic Games

London?								
✓ ONE box on a 1 to 10 scale (1=not excit	ONE box on a 1 to 10 scale (1=not excited and 10=very excited)							
1 2 3 4 Not excited	5 🗌 (6 🗌 - 7	7 🗌 8 🗍	9 🗌	10 ☐ Very excited			
45.Do you agree or disagree with the and Paralympic games?	e following	statemen	ts about the Lo	ndon 2012	Olympic			
✓ ONE box on EVERY line								
	Strongly agree	Slightly agree	Neither agree nor disagree	Slightly disagree	Strongly disagree			
I felt proud when the Games were happening in London	1	2	3	<u></u> 4	<u></u> 5			
I enjoyed watching it on television or the internet	1	_2	3	<u></u> 4	<u></u>			
I wanted tickets to see the Games	1	2	3	 4	<u></u> 5			
I will be more likely to take part in sports because I saw them at the Games	1	2	3	<u></u> 4	<u></u> 5			
The Games have changed how I think about disabled people	1	2	3	<u></u> 4	<u></u> 5			
It was not good for my neighbourhood	1	_2	3	4	<u></u> 5			
It was not good for London	1	2	3	4	5			
It was not good for the UK	1	2	_3	4	<u></u> 5			
46. Have any of these things connected	ed to the G	ames hap	pened to you?					
✓ ONE box on EVERY line		No	Yes					
I went to see the Games								
I have tried a sport because I saw it at the	e Games		\square_2					
I do more sport because of the Games			2					

* * * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * Strictly Confidential * * * * * * *

4	7. Please tick one box for each sta	atement al	out your	parents or car	ers.	
/ c	ONE box only	Always	Often	Sometimes	Rarely	Never
	If I have a problem at my school my parents are ready to help me	_1	2	3	4	5
	My parents are willing to come to school and talk to teachers	1	<u></u>	3	<u></u> 4	<u></u> 5
	My parents encourage me to do well at school	_1	2	3	<u></u> 4	<u></u> 5
4	8. Have any of the following things	happened	d to you d	uring your life	?	
/ c	NE box on EVERY line					
					No	Yes
	You were bullied at school					2
	You were bullied online or by pho	ne			_1	_2
	Your parents often argued or had	fights with	n each oth	ner	_1	2
	You were in care/foster home/chil	dren's hor	ne		1	2
	Your family had continuing money	/ problems	3		_1	_2
	Your Mum, Dad, sister or brother	died				_2
	Your parents were divorced or se	parated			1	_2
	Your parents/carers had a severe	illness, in	jury or op	eration		_2
	You or your family experienced a	mugging,	robbery o	r burglary	_1	2
	Your parents/carers drank alcoho problems	I so often i	it caused	family	1	2

* * * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * *

Life at Home

* * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * Strictly Confidential * * * * * * *

 anony commonant	outoury outiliaoritiai	outoury continuonitian

People Around You

49. We are interested in **how you feel about the following statements.** Read each statement carefully and indicate how you feel about each statement. (**Neutral** means you **do not agree or disagree**)

✓ ONE box on EVERY line	Disagree very strongly	Disagree strongly	Disagree mildly	Neutral	Agree mildly	Agree strongly	Agree very strongly
There is a special person who is around when I am in need	1	_2	3	<u>4</u>	5	<u>6</u>	7
There is a special person with whom I can share my joys and sorrows	1	_2	<u></u> 3	<u></u> 4	<u></u> 5	6	□ ₇
My family really tries to help me	1	_2	3	4	5	6	<u></u>
I get the emotional help and support I need from my family	1	2	3	<u>4</u>	5	6	7
I have a special person who is a real source of comfort to me	1	_2	3	<u></u> 4	5	<u></u> 6	7
My friends really try to help me	1	_2	3	<u></u> 4	5	<u></u> 6	<u> </u>
I can count on my friends when things go wrong	1	_2	3	<u></u> 4	5	<u></u> 6	7
I can talk about my problems with my family	1	_2	3	<u></u> 4	5	<u></u> 6	7
I have friends with whom I can share my joys and sorrows	1	_2	3	<u></u> 4	5	<u></u> 6	7
There is a special person in my life who cares about my feelings	1	2	3	<u></u> 4	5	6	7
My family is willing to help me make decisions	1	2	3	<u></u> 4	5	<u></u> 6	7
I can talk about my problems with my friends	_1	_2	3	<u></u> 4	5	6	7

PLEASE CHECK: Have you ticked **ONE** box on **EVERY** LINE???

	Eating I	labits			
50. How often do you have b	reakfast at home	or at schoo	l?		
ONE box only					
Never or rarely 2 to ☐₁	3 days a week □₂	_	s a week	Everyd	ay
51. How many times have yo	ou eaten an eveni i	n g meal wi	th your family in	the last 7	days?
•	or twice a week □₂		es a week 6 to	7 times p	er week
山 1	<u> </u>				
52. How often do you eat or ONE box on EVERY line	drink the followin More than	g ? Once a	At least once	Rarely	Never
	drink the followin	g?		Rarely	Never
ONE box on EVERY line	drink the followin More than once a day	g ? Once a day	At least once a week	-	
ONE box on EVERY line Crisps or savoury snacks	drink the followin More than once a day	g ? Once a day □ 2	At least once a week □3	-	<u></u> 5
ONE box on EVERY line Crisps or savoury snacks Sweets, ghee sweets or chocol	drink the followin More than once a day ate	g? Once a day 2 2 2	At least once a week	4 4	□5 □5
ONE box on EVERY line Crisps or savoury snacks Sweets, ghee sweets or chocol Biscuits	drink the followin More than once a day ate	g? Once a day 2 2 2 2	At least once a week	4 4	5 5

7	* * * * * * * * * Strictly C	onfidential * * * * * *	* * Strictly Co	onfidential * * *	* * * * * * Strictly Confide	ential * * * * * * * * *
-	53. How many poi	rtions of fruit do	you usually	eat in a da y	y?	
	ne portion means a llass of juice. Do no				handful of smaller fr	uit like grapes or
	One	Two	Three □₃	Four	Five □5	None
✓	54. How many por	rtions of vegetab	les do you	usually eat	in a day?	
(Pl	ease do not include	e potatoes. A porti	on means	a handful siz	zed amount)	
	One	Two	Three	Four	Five	None
✓	Subway, McDo	you eat takeaway onald's, Perfect Fri Less than 1 day week □2	ied Chicker a 2 to		? (e.g. Pizza Hut, B 4 to 6 days a week □4	urger King, Everyday □5
✓	56. How often do y ONE box only Never or rarely	you eat takeaway Less than 1 day week □2	a 2 to	od away fro 3 days a week □₃	om home? 4 to 6 days a week	Everyday □₅
,	* * * * * * * * * Strictly C	onfidential * * * * * *	* * Strictly Co	onfidential * * *	* * * * * * Strictly Confide	ential * * * * * * * *

	Home Life	
Strictly Confidenti	ai Strictly Confidential	Strictly Confidential

57. The following are a number of statements about your family. Please rate each item as to how-often it TYPICALLY occurs in your home.

✓ ONE box on EVERY line	Never	Almost never	Sometimes	Often	Always
You fail to leave a note or let your parents know where you are going		_2	3	<u></u> 4	<u></u> 5
You stay out in the evening past the time you are supposed to be home	1		_3	<u></u> 4	<u></u> 5
Your parents do not know the friends you are with	1		<u></u> 3	<u></u> 4	<u></u> 5
You go out without a set time to be home		\square_2	3	4	<u></u> 5
You go out after dark without an adult with you	1	\square_2	3	4	<u></u> 5
Your parents get so busy that they forget where you are and what you are doing	_1		_3	<u></u> 4	<u></u> 5
You stay out later than you are supposed to and your parents don't know it	_1	_2	_3	<u></u> 4	<u></u> 5
Your parents leave the house and don't tell you where they are going	<u></u> 1	<u></u>	3	<u></u> 4	<u></u> 5
You come home from school more than an hour past the time your parents expect you to be home	1	_2	3	<u></u> 4	<u></u> 5
You are at home without an adult being with you				— 4	5

* * * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * Strictly Confidential * * * * *	* * *
---	-------

Some Questions About the Internet

58. How often do	you use instant	messaging se	rvices (e.g. B	BM, Whatsapp, iCh	at)?
✓ ONE box only					
Several times a day	Every day almost ever		or twice a reek	Less than once a week	Never
1	2	[3	4	5
59.Do you have y that you curre		on a social net v	working site	(e.g. Facebook)	No Yes
60. In the past m else's)?	onth how often l	nave you visited	a social net	working profile (y	ours or someone
✓ ONE box o	only				
Several times a day	Every day or almost everyday	Once or twice a week	Less that once a we		I do not have a social networking profile
1	\square_2	3	4	5	6
61. Which of the f ✓ ONE box o	only	etworking sites Twitter	·	nost? Instagram	<u></u>
Othe	er(s)	write)	I d	o not have a social networking profile	5
62. Roughly how you use mos t	t?	re you friends w	ith (or follow	you) on the social r	etworking site
Up to 10 1	I1 to 50 51	to 100 101	to 300	IVAr RIII	not have a social tworking profile
1	_2]3	4	5	6
********* Sti	rictly Confidential * *	* * * * * * * Strictly	Confidential * *	* * * * * * * Strictly Confi	dential * * * * * * * *

******* Strictly Confidential ****** Strictly Confidential ***** Strictly Confidential ******							
63. People also communicate online with people they don't know in person. In the past 12 months have you?							
✓ ONE box on EVERY line		No	Yes				
Talked to people online met through the internet		<u></u>					
Shared personal information know in person but met	ou don't	1	2				
64. In the past 12 mon ✓ ONE box on EVERY line							
	Every day or almost every day	Once or twice a week	Once or twice a month	A few times a year	Less than a few times a year	Never	
Received rude or nasty comments from someone of	online 🔲 1	_2	3	4	5	<u>6</u>	
Become the target of rumo spread online	ours1	_2	_3	<u></u> 4	<u></u> 5	6	
Received threatening or aggressive comments onlin	ne 🗀 1	2	3	<u></u> 4	<u></u> 5	6	
65.Now thinking about things you might have done - in the past 12 months , how often have you…?							
✓ ONE box on EVERY line	-						
	Every day or almost every day	Once or twice a week	Once or twice a month	A few times a year	Less than a few times a year	Never	
Sent rude or nasty comme to someone online	ents	_2	_3	<u></u> 4	<u></u> 5	<u>6</u>	
Spread rumours about someone else online	1	_2	_3	<u></u> 4	<u></u> 5	<u>6</u>	
Sent threatening or aggre- comments to someone on		2	3	<u></u> 4	<u></u> 5	<u>6</u>	

* * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * * Strictly Confidential * * * * * * *

* * * * * * * * Strictly Confidential * *	* * * * * * * * Strictly Confidential * * * *	* * * * * Strictly Confidential * * * * * * * *
---	---	---

That's it!!!

Well Done!

Thanks for taking part!

Now, please **go back** and check that you have not **missed any questions....**

If you have any comments you would like to make, please write them in this box:

****** Strictly Confidential ***** Strictly Confidential ***** Strictly Confidential ******