

PLAN-A peer-supporter trainer evaluation form

To be completed by each PLAN-A trainer after Day 2 of the peer-supporter training.

Questions about you

ID (for office use only):	Age:
Training Dates:	Highest Level of Education: (eg GCSE, A-levels and Degree)
We are interested in the background of our PLAN-A trainers. Please list your current employment (outside of PLAN-A), and any previous training or experience that is relevant to the PLAN-A trainer role:	

About the training

Training venue:		
School of attending students:		
Trainers present (name of the other trainer you were working with):		
Number of students attending:		
Number of absences:		
How many students started but did not complete the training?		
What were the reasons for this? (Please indicate the number of students each reason applies to)		
Did not return for Day 2 (unexplained)		
Excluded for poor behaviour		
Personal reasons (e.g., family event)		
Illness		
Were there any first aid incidents?	YES	NO
Please provide details of these incidents:		

General arrangements

How would you rate the arrangements for the training related to:

	Poor	Adequate	Good	Very good	Excellent	N/A
Transport to and from the venue (for the students)						
Suitability of the training space						
Quality of the facilities (toilets, kitchen, social spaces)						
Location (distance from school)						
Training manual						
Resources to support the training						
Arrangements for refreshments						
Quality of refreshments						

Please indicate how well you think key aspects of the training were achieved:

	Not well at all	Not very well	Quite well	Very well
Increasing peer-supporters' knowledge about physical activity				
Enhancing peer-supporters' interpersonal skills				
Enhancing peer-supporters' communication skills				
Enhancing peer-supporters' confidence to instigate informal, health promoting conversations with their peers				
How much did the peer-supporters understand their role as a peer-supporter				

How well did the girls respond to the training?

	Not at all	A little	Somewhat	Very
How involved were they?				
How engaged were they?				
How much did you think they enjoyed themselves?				
What was their overall level of interest?				