

## Supplementary File 4. Sample of information and consent materials

Optimisation session information sheets and consent forms



## Information Sheet for Parents/Guardians

We are researchers working at your child's school. We are working with the school to develop a programme to prevent violence within dating or relationships involving young people.

As part of this research we are interviewing groups of students, chosen based on their age and gender (and not for any other reasons). The interview will take up to 1 hour at the school and will be supervised by members of the school staff. It will involve discussion of what schools might do to prevent dating and relationship violence, and student views of some teaching materials we are considering delivering in other schools. The interview will not discuss personal experiences of dating, relationships or violence. It will not require any special knowledge or skills. Your child will only be interviewed if she or he agrees. Your child will receive information about the interview and be able to ask questions before they decide.

We will audio-record the discussion and then produce a written record of what was said, but this record will not have anyone's name on it. What your child tells us will be completely confidential. When we write reports based on the research, your child will not be named or in any way be identified.

We hope you are happy for your child to participate. If you are, you do NOT need to do anything. If you are not happy for your child to take part or if you have any questions, concerns or complaints about the research, please contact the study manager **XXXX** by telephone (**XXXX**) or via email (**XXXX**).

Alternatively, you can tell the school directly that you do not want your child to participate, or share any concerns or complaints about the research with someone not involved in the study, by contacting **XXXX** at the school (telephone: **XXXX**).

Many thanks for your time,

A handwritten signature in black ink, appearing to read "Chris Bonell".

Professor Chris Bonell (London School of Hygiene and Tropical Medicine)



# Information Sheet for Students

We are researchers working at your school to develop a programme to reduce violence in young people's dating and relationships. We would like to invite you to take part in a focus group to discuss the programme. You have been chosen purely based on your age and gender and nothing else. Please read this sheet. If you're willing to take part, please fill in the box below. This is to show us that you understand what this involves and are happy with this.

## What is a Focus Group?

A focus group is an interview with several people at the same time, discussing things together. This will take up to 1 hour. If you agree to take part in the focus group, it will involve you giving your views about what the project should include. You do not need any special knowledge or skills to take part. The discussion will include some broad questions about relationships, violence and other topics that can be sensitive or sometimes upsetting. However, you will not be asked about your own experiences of dating, relationships or violence.

If at any time you would like to talk with someone at your school about how you are feeling or any issues you are going through, **XXXX** is in charge of safeguarding at your school and can help you. You can also call the **NSPCC Childline** on **0800 1111** if you want help or support with any issue you are going through, no matter how big or how small.

## What will we do with the information?

We would like to audio-record the focus group and then produce a written record of what was said. This record will not have anyone's name on it. Your parents or guardians, teachers and the police will not be told what was said during the session. We will write a report about what we find but it will not include the names of anyone that took part.

Anything said in the focus group must be kept private among those who took part. However, if you tell us that you are at risk of very serious harm, we will need to tell someone. If this happens, we will first discuss it with you.

We hope you are happy to take part in the focus group. If you are, you do NOT need to do anything. If you are not happy to take part or have any questions, concerns or complaints about the research, please contact the study manager **XXXX** by telephone (**XXXX**) or via email (**XXXX**).

Alternatively, you can tell the school directly that you do not want to participate, or share any concerns or complaints about the research with someone not involved in the study, by contacting **XXXX** at the school by telephone (**XXXX**).

Many thanks for your time,

A handwritten signature in black ink, appearing to read 'Chris Bonell'.

Professor Chris Bonell (London School of Hygiene and Tropical Medicine)



## Consent Form for Students

We are researchers working at your school to develop a programme to reduce violence in young people's dating and relationships. We would like to invite you to take part in a focus group to discuss the programme. You have been chosen purely based on your age and gender and nothing else. Please read this sheet. If you're willing to take part, please fill in the box below. This is to show us that you understand what this involves and are happy with this.

### What is a Focus Group?

A focus group is an interview with several people at the same time, discussing things together. This will take up to 1 hour. If you agree to take part in the focus group, it will involve you giving your views about what the project should include. You do not need any special knowledge or skills to take part. The discussion will include some broad questions about relationships, violence and other topics that can be sensitive or sometimes upsetting. However, you will not be asked about your own experiences of dating, relationships or violence.

If at any time you would like to talk with someone at your school about how you are feeling or any issues you are going through, **XXXX** is in charge of safeguarding at your school and can help you. You can also call the **NSPCC Childline** on **0800 1111** if you want help or support with any issue you are going through, no matter how big or how small.

### What will we do with the information?

We would like to audio-record the focus group and then produce a written record of what was said. This record will not have anyone's name on it. Your parents or guardians, teachers and the police will not be told what was said during the session. We will write a report about what we find but it will not include the names of anyone that took part.

Anything said in the focus group must be kept private among those who took part. However, if you tell us that you are at risk of very serious harm, we will need to tell someone. If this happens, we will first discuss it with you.

**If you have any questions the researcher will be happy to answer them. If you're happy to take part, please fill in the box below.**

Full Name .....

I have read the information above.

I understand that I can choose to take part or not.

I understand that I can stop taking part at any time.

**I agree to take part in this focus group.**

Signed ..... Date .....



# Information Sheet for School Staff

We are researchers working at your school to develop a programme to reduce violence within young people's dating and relationships. As part of our research, we would like to invite you to take part in a focus group to discuss the programme. You have been chosen to participate based on your role in the school. Please read this sheet. If you're willing to take part, please fill in the box below to show that you understand what this involves and are happy to participate.

## What is a Focus Group?

A focus group is an interview with several people at the same time, discussing things together. This will take up to 1 hour. If you agree to take part in the focus group, it will involve you giving your views about what the programme should include. You do not need any special knowledge or skills to take part, and you will not be asked to discuss your own experiences of dating, relationships, violence or any other matters.

## What will we do with the information?

We would like to audio-record the focus group and then produce a written record of what was said. This record will not have anyone's name on it. No-one else such as parents or guardians or school staff who are not in the focus group will be told what was said by whom. We will write a report about what we find but it will not include the names of anyone who took part.

Anything said in the focus group must be kept private among those who took part.

We hope you are happy to take part in the focus group. If you are, you do NOT need to do anything. If you are not happy to take part or have any questions, concerns or complaints about the research, please contact the study manager **XXXX** by telephone (**XXXX**) or via email (**XXXX**).

Alternatively, you can tell the school directly that you do not want to participate, or share any concerns or complaints about the research with someone not involved in the study, by contacting **XXXX** at the school (telephone: **XXXX**).

Many thanks for your time,

A handwritten signature in black ink, appearing to read 'Chris Bonell'.

Professor Chris Bonell (London School of Hygiene and Tropical Medicine)



## Consent Form for School Staff

We are researchers working at your school to develop a programme to reduce violence within young people's dating and relationships. As part of our research, we would like to invite you to take part in a focus group to discuss the programme. You have been chosen to participate based on your role in the school. Please read this sheet. If you're willing to take part, please fill in the box below to show that you understand what this involves and are happy to participate.

### What is a Focus Group?

A focus group is an interview with several people at the same time, discussing things together. This will take up to 1 hour. If you agree to take part in the focus group, it will involve you giving your views about what the programme should include. You do not need any special knowledge or skills to take part, and you will not be asked to discuss your own experiences of dating, relationships, violence or any other matters.

### What will we do with the information?

We would like to audio-record the focus group and then produce a written record of what was said. This record will not have anyone's name on it. No-one else such as parents or guardians or school staff who are not in the focus group will be told what was said by whom. We will write a report about what we find but it will not include the names of anyone who took part.

Anything said in the focus group must be kept private among those who took part.

**If you have any questions the researcher will be happy to answer them. If you're happy to take part, please fill in the box below.**

**Full Name** .....

**I have read the information above.**

**I understand that I can choose to take part or not.**

**I understand that I can stop taking part at any time.**

**I agree to take part in this focus group.**

**Signed** ..... **Date** .....

## Cognitive interview information sheet and consent form





## Information Sheet for Parents/Guardians

We are researchers working at your child's school. As part of our research we are asking a group of year 8, 9 and 10 students to respond to a questionnaire. We will interview the students to check whether the questionnaire was easy to complete and clear. This work is being done to improve the questionnaire so it can better be used in researching young people's health.

The questionnaire has some questions about relationships, violence and other potentially sensitive issues. A trained researcher will be on hand to make sure your child has the peace and privacy they need to fill in the questionnaire and to answer any questions. The questionnaire is completely confidential. We will securely dispose of the questionnaire after the interview.

We will write a report about what we find but it will not include the names of any individuals or schools or identify them in any way.

We hope you are happy for your child to participate. If you are, you do NOT need to do anything. If you are not happy or have any questions, please contact [study manager] (telephone: XXXX or email XXXX). Alternatively, you can tell the school directly that you do not want your child to participate.

Many thanks for your time,

Professor Chris Bonell (London School of Hygiene and Tropical Medicine)



## Consent Form for student survey and interview

We are researchers working at your school. As part of our research we are asking a group of year 8, 9 and 10 students to answer some questions about demographics (like your age, gender and ethnicity) and respond to a questionnaire. We will interview you to check whether the questionnaire was easy to complete and clear. This will take up to 50 minutes. The answers you give will be used to improve the questionnaire.

The questionnaire has some questions about relationships, violence and other potentially sensitive issues. A trained researcher will make sure you have the peace and privacy you need to respond to the questions. They can also answer any questions you have. You can choose whether or not to take part and you can stop taking part at any time. If you have experienced abuse, we recommend you do not take part, but the decision is up to you. If you want help or support with any issue you are going through, no matter how big or how small, we can connect you with someone who helps young people. You can also call the NSPCC Childline on 0800 1111.

The questionnaire is completely confidential. We will securely dispose of the questionnaire after the interview. We will store your demographic information securely, separately from your name.

Your parents or guardians, teachers and the police will not be told what you said. We will write a report about what we find but it will not include the names of any individuals or schools or identify them in any way.

Anything you say will be kept confidential. However, if you tell us that you had sex when you were 12 years old or younger or that you are experiencing certain forms of severe abuse from a current girlfriend or boyfriend, we will need to tell someone. If this happens, we will first discuss it with you.

**If you have any questions, the researcher will be happy to answer them. If you're happy to fill in the questionnaire and be interviewed, please fill in the box below.**

**Full Name** .....

**I have read the information above.**

**I understand that I can choose to take part or not. I understand that I can stop taking part at any time.**

**I agree to take part in this study.**

**Signed** ..... **Date** .....

Process evaluation student interview information sheets and consent form (intervention school)



## Information Sheet for Parents/Guardians

We are researchers working at your child's school. We are evaluating "Project Respect," a programme being delivered in some English secondary schools which aims to prevent violence within young people's dating and relationships. The programme includes activities in the school and information sent to parents which aim to help keep young people safe.

As part of our research, we are speaking with students, parents and school staff to find out about their views on and experiences with the programme. We would like to invite your child to take part in an interview. The school has chosen your child for the research team to invite for an interview based on their year group, their gender and their involvement in Project Respect. Your child has not been selected because he or she is perceived to be at particular risk or for any other reasons. The interview will take no more than 1 hour. Your child will only be interviewed if she or he agrees. They will receive information about the interview and be able to ask questions before they decide.

We will not ask your child about their own experiences of dating, relationships or violence. If your child agrees to take part, a researcher will ask them about:

- Themselves and how long they have been at the school
- Life at the school in general, including dating violence and harassment at the school
- Their experience of the "Project Respect" programme
- Their views on the "Project Respect" programme, its activities and its impact in the school

Some students might find some questions sensitive or feel upset, particularly if they have experienced abuse. All students who are invited to take part will receive information about support resources both within and outside of the school, should they wish to speak with someone about any issues they (or a friend) are going through.

What your child tells us will be used to try and improve schools and young people's health, and their answers will be completely confidential. No one except the research team will find out about what they say. However, if your child tells us that they or another student are at risk of very serious harm or had sex before age 13, we will need to tell someone in charge of safeguarding at the school so that they can help them.

We would like to audio-record the interview and then produce a written record of what was said. Neither will include your child's name. When we write articles or reports about what we find, we might include quotes from the interview but will not include your child's name or any information that could identify them or their school.

If you are happy for your child to participate, you do NOT need to do anything. If you are not happy for them to take part, if you have any questions, or if you have any

concerns or complaints about the research, please contact the study manager, XXXX, by telephone (XXXX) or via email (XXXX).

If you prefer to speak with someone outside of the research team, you can tell the school directly that you do not want your child to participate, or share any concerns or complaints about the research, by contacting [school's study liaison staff member] by telephone (XXXX) or email (XXXX).

If you have any concerns about any child in the school, including if you are concerned that they are experiencing abuse or neglect or that they are harming someone else, you may contact the school's safeguarding lead, XXXX, at XXXX. If you seek their support, the safeguarding lead will hold an initial meeting with you to determine the nature of your concern and the appropriate response.

If you are concerned about a child for any reason, you can also call the **NSPCC helpline** 24 hours a day for advice or to share your concerns, anonymously if you wish, on **0808 800 5000**.

Below is some information about other organisations that may be able to help you with issues you or someone you know might be going through:

- **[local safeguarding referral utilised by the school]**: Local service available for any concerns related to child safeguarding. Call XXXX.
- **The Samaritans**: Someone to talk to, available 24 hours a day for confidential, non-judgmental support. Call 116 123 or visit [www.samaritans.org](http://www.samaritans.org)
- **National Domestic Violence Helpline**: National service available 24 hours a day for women experiencing domestic violence, and for their family, friends, colleagues and others calling on their behalf. Call 0808 2000 247.
- **Switchboard LGBT+ Helpline**: Providing information, support and referral services for lesbians, gay men and bisexual and trans people, and anyone considering issues around their sexuality or gender identity. Call 0300 330 0630 or visit <http://switchboard.lgbt/help/>
- **Mind**: Offering advice and support for anyone experiencing a mental health problem. Call 0300 123 3393 or visit [www.mind.org.uk](http://www.mind.org.uk)
- **Young Minds Parents Helpline**: Provides confidential advice for parents concerned about a child's behaviour, emotional wellbeing or mental health condition. Call 0808 802 5544 or visit [www.youngminds.org.uk](http://www.youngminds.org.uk)
- **Rape Crisis**: Provides information on nearest services for people who have experienced sexual violence. Call 0808 802 9999 or visit their website [www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)

Many thanks for your time,



Professor Chris Bonell (London School of Hygiene and Tropical Medicine)



## Information sheet for student interviews

### What is the research about?

We are researchers working at your school. We are evaluating “Project Respect,” a programme being delivered in some English secondary schools which aims to prevent violence within young people’s dating and relationships. The programme includes activities in the school and information sent to parents which aim to help keep young people safe.

As part of our research, we are speaking with students, parents and school staff to find out about their views on and experiences with the programme. We would like to invite you to take part in an interview. The school has chosen you for the research team to invite for an interview based on your year group, your gender and your involvement in Project Respect. You have not been selected because you are perceived to be at particular risk or for any other reasons.

### What is an interview?

An interview involves you talking with a researcher. This will take no more than 1 hour.

### What will I be asked about?

We will not ask you about your own experiences of dating, relationships or violence. If you agree to take part, the researcher will ask you about:

- Yourself and how long you’ve been at the school
- Life at the school in general, including dating violence and harassment at the school
- Your experience of the “Project Respect” programme
- Your views on the “Project Respect” programme, its activities and its impact in the school

### Do I have to take part?

No, you do not have to take part. It is completely up to you to decide. If you do choose to take part, and you don’t want to answer a particular question, you can skip it. If you feel uncomfortable, find it difficult to talk about anything or change your mind for any reason, we can stop the interview at any point, with no negative consequences.

### What support is available?

Some students might find some of the questions sensitive or feel upset, particularly if they have experienced abuse.

If you wish to speak with someone about any issue you or someone you know are going through, there is a list at the end of this information sheet of people and organisations you can contact for support, both inside and outside your school.

If you would like to talk with a researcher privately before or after the interview about any concerns or issues you would like help with, we will be happy to talk with you and to connect you with someone at your school or the NSPCC (a charity that works with young people) who is in charge of safeguarding and can help you.

### **What will happen with the information from the interview?**

We would like to audio-record the interview and then produce a written record of what was said. Neither will include your name. Your parents or guardians, teachers and the police will not be told what was said during the interview.

When we write articles or reports about what we learn from the research, we might include quotes from the interview. However, we will not include any information that could identify you or your school.

Anything you say will be kept confidential. However, if you tell us that you or another student are at risk of very serious harm or had sex before age 13, we will need to tell someone at the school who is in charge of safeguarding so that they can help. If this happens, we will first discuss it with you.

### **What happens next, if I wish to take part?**

If you are happy to take part in the interview, you do NOT need to do anything. We will follow up to arrange a time that is convenient for you for the interview.

### **What if I do not wish to take part, or if I have questions, concerns or complaints?**

The study manager's contact information is:

Name: XXXX

Telephone: XXXX

Email: XXXX

You can contact the study manager if:

- You have any questions
- You are not happy to take part
- You have any concerns or complaints about the research

If you prefer to speak with someone outside of the research team, you can tell the school directly that you do not want to take part, or share any concerns or complaints about the research, by contacting:

Name: [school's study liaison staff member]

Telephone: XXXX

Email: XXXX

### **Details of support available**

#### ***Within the school***

If you would like to talk to someone at your school about how you are feeling or any issues you or someone you know are going through, XXXX is in charge of safeguarding at your school and can help you. For example, this might include if you or someone you know are experiencing abuse or neglect or if you are concerned that someone you know is harming someone else. If you ask for their help, the safeguarding lead will meet with you to find out more about your concern and how to respond.

### ***Outside of the school***

If you need help outside of school time you can contact [local safeguarding referral utilised by the school if available over school holidays] by calling XXXX.

You can also call the **NSPCC Childline** on **0800 1111** if you want help or support with any issue you are going through, no matter how big or how small.

Below is some information on other organisations that may be able to help with any issues you or someone you know might be going through:

- **The Samaritans:** Someone to talk to, available 24 hours a day for confidential, non-judgmental support. Call 116 123 or visit [www.samaritans.org](http://www.samaritans.org)
- **Switchboard LGBT+ Helpline:** Providing information, support and referral services for lesbians, gay men and bisexual and trans people, and anyone considering issues around their sexuality or gender identity. Call 0300 330 0630 or visit <http://switchboard.lgbt/help/>
- **Mind:** Offering advice and support for anyone experiencing a mental health problem. Call 0300 123 3393 or visit [www.mind.org.uk](http://www.mind.org.uk)
- **Rape Crisis:** Provides information on nearest services for people who have experienced sexual violence. Call 0808 802 9999 or visit their website [www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)

Many thanks for your time,



Professor Chris Bonell (London School of Hygiene and Tropical Medicine)





## Consent form for student interviews

### What is the research about?

We are researchers working at your school. We are evaluating “Project Respect,” a programme being delivered in some English secondary schools which aims to prevent violence within young people’s dating and relationships. The programme includes activities in the school and information sent to parents which aim to help keep young people safe.

As part of our research, we are speaking with students, parents and school staff to find out about their views on and experiences with the programme. We would like to invite you to take part in an interview. The school has chosen you for the research team to invite for an interview based on your year group, your gender and your involvement in Project Respect. You have not been selected because you are perceived to be at particular risk or for any other reasons.

Please read this sheet. If you’re willing to take part, please fill in the box below. This is to show us that you understand what this involves and are happy to take part.

### What is an interview?

An interview involves you talking with a researcher. This will take no more than 1 hour.

### What will I be asked about?

We will not ask you about your own experiences of dating, relationships or violence. If you agree to take part, a researcher will ask you about:

- Yourself and how long you’ve been at the school
- Life at the school in general, including dating violence and harassment at the school
- Your experience of the Project Respect programme
- Your views on the “Project Respect” programme, its activities and its impact in the school

### Do I have to take part?

No, you do not have to take part. It is completely up to you to decide. If you do choose to take part, and you don’t want to answer a particular question, you can skip it. You can also stop the interview at any point, with no negative consequences.

### What will happen with the information from the interview?

We would like to audio-record the interview and then produce a written record of what was said. Neither will include your name. Your parents or guardians, teachers and the police will not be told what was said during the interview.

When we write articles or reports about what we learn from the research, we might include quotes from the interview. However, we will not include any information that could identify you or your school.

Anything you say will be kept confidential. However, if you tell us that you or another student are at risk of very serious harm or had sex before age 13, we will need to tell someone at the school who is in charge of safeguarding so that they can help. If this happens, we will first discuss it with you.

***If you have any questions the researcher will be happy to answer them. If you're happy to take part, please fill in the consent box below, ticking the tick-boxes to indicate you agree.***

**Full Name .....**

**I have read the information above.**

**I understand that I can choose to take part or not.**

**I understand that I can stop taking part at any time.**

**I agree to take part in this interview**

**I agree to have this interview audio-recorded**

**Signed ..... Date .....**

Student follow-up survey information sheets and consent form



## Information Sheet for Parents/Guardians

We are researchers working at your child's school. We are evaluating the "Project Respect" programme being delivered in some schools, which aims to prevent violence within dating or relationships involving young people.

As part of this research we are asking all Year-10 and 11 students to fill in a questionnaire at school. Their responses will be used to judge the success of the programme in preventing dating or relationship violence among young people. The questionnaire only takes about 45 minutes, and your child will only fill in the questionnaire if she or he agrees. Your child will receive information about the questionnaire and will be able to ask questions before they decide whether or not to take part. If they do choose to take part, they may stop taking part at any time with no negative consequences.

[if the school would like to hold a parent briefing, include details of the date, time and location]

The questionnaire includes questions about students' general health and well-being. It also includes questions on sexual behaviour, and experience of sexual harassment and various forms of abuse within dating relationships. Only students who report that they have had any sexual experience will be asked further questions about sexual behaviour. These questions will include: age when first had sex; number of sexual partners; protection used during sex; pregnancy; and sexually transmitted infections. Students asked questions on sex can skip them if they wish. Only students who report they have had dating relationships will be asked questions about abuse in these relationships.

Some students may find some questions personal and sensitive. Some students may feel upset particularly if they have experienced abuse in dating or a relationship. All students who are invited to participate will receive information about support resources both within and outside of their school, should they wish to speak with someone about any issues they (or a friend) are going through.

The questionnaire will be completed in a classroom and supervised by a member of school staff. A trained researcher will be there to explain the questionnaire and make sure your child has the peace and privacy they need to fill it in. The researcher can also answer any questions about the questionnaire.

What your child tells us will be used to try and improve schools and young people's health, and the questionnaire will be completely confidential and anonymous. No one except the research team will see the answers to the questionnaire. The answers will be stored securely in our offices on a computer database that only the study team can access. The file will not include, and cannot be linked to, your child's name or any other way of identifying them. We are required to keep all data for 20 years, and then

it will be destroyed. We will combine responses from many participants and analyse and report on their responses all together. When we write reports or articles based on the research, your child and their school will not be named or in any way identified. Your child's school will receive a report indicating overall levels of dating and relationship violence in the school, but there will be no way for the school to know what any individual students report in the questionnaire.

If you are happy for your child to participate in the questionnaire, you do NOT need to do anything. If you are not happy for them to take part, please contact the research team no later than XXX by calling or emailing XXXX [local research lead] (telephone: XXXX or email: XXXX). Alternatively, you can tell the school directly that you do not want your child to participate by contacting [school's study liaison staff member] (telephone: XXXX or email: XXXX). If you tell the study team or school that you do not want your child to participate, they will not be asked to take part on the day of the questionnaire.

If you have any questions, if you would like to be sent a copy of the questionnaire, or if you have any concerns or complaints about the research, please contact the research team (contact details above). If you would prefer to speak with someone outside of the research team regarding a complaint about the research, please contact the school's safeguarding lead, XXXX, at XXXX.

You may also contact them if you have any concerns about any child in the school, including if you are concerned that they are experiencing abuse or neglect or that they are harming someone else [if safeguarding lead available over the summer holidays, note this]. If you seek their support, the safeguarding lead will hold an initial meeting with you to determine the nature of your concern and the appropriate response.

If you are concerned about a child for any reason, you can also call the NSPCC helpline 24 hours a day for advice or to share your concerns, anonymously if you wish, at 0808 800 5000. Below is some information about other organisations that may be able to help you with issues you or someone you know might be going through:

- **[local safeguarding referral utilised by the school if available over school holidays]:** Local service available for any concerns related to child safeguarding. Call XXXX.
- **The Samaritans:** Someone to talk to, available 24 hours a day for confidential, non-judgmental support. Call 116 123 or visit [www.samaritans.org](http://www.samaritans.org)
- **National Domestic Violence Helpline:** National service available 24 hours a day for women experiencing domestic violence, and for their family, friends, colleagues and others calling on their behalf. Call 0808 2000 247.
- **Switchboard LGBT+ Helpline:** Providing information, support and referral services for lesbians, gay men and bisexual and trans people, and anyone considering issues around their sexuality or gender identity. Call 0300 330 0630 or visit <http://switchboard.lgbt/help/>
- **Mind:** Offering advice and support for anyone experiencing a mental health problem. Call 0300 123 3393 or visit [www.mind.org.uk](http://www.mind.org.uk)
- **Young Minds Parents Helpline:** Provides confidential advice for parents concerned about a child's behaviour, emotional wellbeing or mental health condition. Call 0808 802 5544 or visit [www.youngminds.org.uk](http://www.youngminds.org.uk)

- **Rape Crisis:** Provides information on nearest services for people who have experienced sexual violence. Call 0808 802 9999 or visit their website [www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)

Many thanks for your time,



Professor Chris Bonell (London School of Hygiene and Tropical Medicine)



## Student information sheet for student survey

We are researchers working at your school evaluating “Project Respect,” a programme to prevent violence in young people’s dating and relationships. As part of our research we are asking all Year 10 and Year 11 students to fill in a questionnaire on a tablet. This should only take about 45 minutes. The answers you give will be used to judge the success of a programme to reduce violence in dating and relationships among young people.

**The questionnaire is completely anonymous and confidential. This means that your name will not be connected to your answers. Anything you report in the questionnaire will be kept private. We will not share it with other people such as teachers or parents.**

You can decide whether or not to take part in the survey. If you do choose to take part, you may stop taking part at any time – it is completely up to you. Your parents will also be informed that we are inviting you to take part in the survey. If they tell us they do not wish you to take part, you will not be asked to do the questionnaire.

The questionnaire includes questions about your general health and well-being. It also includes questions on sexual behaviour, and your experience of sexual harassment and various forms of abuse within dating relationships. Only students who report that they have had any sexual experience will be asked further questions about sexual behaviour. These questions will include: how old you were when you first had sex; how many sexual partners you’ve had; what forms of protection you have used during sex; pregnancy; and sexually transmitted infections. If you are asked questions on sex, you can skip them if you wish. Only students who report they have had dating relationships will be asked questions about abuse in these relationships.

Some students might find some questions personal and sensitive. Some students might feel upset particularly if they have experienced abuse in dating or a relationship. If you wish to speak with someone about any issues you or someone you know is going through, there is a list at the end of this information sheet of people and organisations both inside and outside of your school that you can contact for support.

The questionnaire will take place in a classroom and will be supervised by a member of school staff. A trained researcher will be there to explain the questionnaire and make sure you have the peace and privacy you need to fill it in. The researcher can also answer any questions you have.

We will securely store answers to the questionnaire in our offices on a computer database that only the research team can access. The file will not include, and cannot be linked to, your name or any way of identifying you. When we write research reports or articles based on the answers from the questionnaires, you and your school will not be named or in any way identified. Your school will receive a report about the overall levels of dating and relationship violence in the school, but there will be no way for the school to know what any individual student said in their questionnaire.

If you are happy to participate in the questionnaire, you do NOT need to do anything right now. If you are not happy to take part, please contact the research team by calling or emailing **XXXX [local research lead]** (telephone: **XXXX** or email: **XXXX**). Alternatively, you can tell the school directly that you do not want to participate by telling **[school's study liaison staff member]** (telephone: **XXXX** or email: **XXXX**). If you tell the study team or school that you do not want to participate, you will not be asked to take part on the day of the questionnaire.

If you have any questions, or if you have any concerns or complaints about the research, please contact the research team (contact details above). If you would prefer to speak with someone outside of the research team regarding a complaint about the research, please contact the school's safeguarding lead, **XXXX**, at **XXXX**.

You may also contact your school's safeguarding lead if you would like to talk to someone at your school about how you are feeling or any issues you or someone you know are going through. For example, this might include if you or someone you know are experiencing abuse or neglect or if you are concerned that someone you know is harming someone else **[if safeguarding lead available over the summer holidays, note this]**. If you ask for their help, the safeguarding lead will meet with you to find out more about your concern and how to respond. If you need help outside of school time you can contact **[local safeguarding referral utilised by the school if available over school holidays]** by calling **XXXX**.

You can also call the **NSPCC Childline** on **0800 1111** if you want help or support with any issue you are going through, no matter how big or how small. Below is information on some other organisations that may be able to help you with any issues you or someone you know might be going through:

- **The Samaritans:** Someone to talk to, available 24 hours a day for confidential, non-judgmental support. Call 116 123 or visit [www.samaritans.org](http://www.samaritans.org)
- **Switchboard LGBT+ Helpline:** Providing information, support and referral services for lesbians, gay men and bisexual and trans people, and anyone considering issues around their sexuality or gender identity. Call 0300 330 0630 or visit <http://switchboard.lgbt/help/>
- **Mind:** Offering advice and support for anyone experiencing a mental health problem. Call 0300 123 3393 or visit [www.mind.org.uk](http://www.mind.org.uk)
- **Rape Crisis:** Provides information on nearest services for people who have experienced sexual violence. Call 0808 802 9999 or visit their website [www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)

Many thanks for your time,



Professor Chris Bonell (London School of Hygiene and Tropical Medicine)





## Consent form for student survey

We are researchers working at your school evaluating “Project Respect,” a programme to prevent violence in young people’s dating and relationships. As part of our research we are asking all Year 10 and Year 11 students to fill in a questionnaire on a tablet. This should only take about 45 minutes. The answers you give will be used to judge the success of a programme to reduce violence in dating and relationships among young people.

**The questionnaire is completely confidential. This means that your name will not be connected to your answers. Anything you report in the questionnaire will be kept private. We will not share it with other people such as teachers or parents.**

The questionnaire has some questions about relationships, violence and other topics that can be sensitive or sometimes upsetting. A trained researcher will be here to make sure you have the peace and privacy you need to fill in the questionnaire. The researcher can also answer any questions you have. You can choose whether or not to take part and you can stop taking part at any point.

We will store your answers to the questionnaire on a computer file that will not include your name or any way of identifying you. When we write research reports based on the answers from the questionnaires, you will not be named or in any way identified.

If you would like to talk with someone about how you are feeling or any issues you are going through, **XXXX** is in charge of safeguarding at your school and can help you. You can also call the **NSPCC Childline** on **0800 1111** if you want help or support with any issue you are going through, no matter how big or how small.

**If you’re happy to take part in the questionnaire, please fill in the box below. This consent form will be kept separately from your questionnaire.**

**Full Name** .....

**I have read the information above.**

**I understand that I can choose to take part or not. I understand that I can stop taking part at any time.**

**I agree to take part in this study.**

**Signed** ..... **Date** .....

## Staff follow-up survey information sheet



## Information sheet for staff survey

We are researchers working at your school as part of a study evaluating “Project Respect,” a programme aiming to reduce violence in young people’s dating and relationships. As part of our research we will be asking all members of school staff to fill in an online survey. This should only take about 10-15 minutes. The survey asks about your school’s practices and policies relating to: safeguarding, bullying and violence (including violence within dating and relationships); any personal, social and health education (PSHE) and sex and relationship education (SRE) offered at the school; your role at the school; and your general health status. The answers you give will be used to judge the success of Project Respect. You will NOT be asked about your own experiences of dating, relationships or violence.

You will be emailed a link to the online survey this month. When you follow the link, before beginning the survey you will be asked to tick a box to show that you are happy to take part. Your participation is voluntary. You may choose not to take part, to stop taking part at any time or to skip particular questions, with no negative consequences.

The survey is completely confidential. Your responses will not be shared with anyone at the school. They will be stored securely in our offices on a computer database that will not include or link to your name or email address. We are required to keep all data for 20 years, and then it will be destroyed.

While the information you provide about your role in the school could be used to identify you if that role is held by only a small number of school staff, when we report on the findings from the survey we will NOT report findings in a way that could identify any individual participants. We will combine responses from many participants and analyse and report on their responses all together. When we write reports or articles based on the research, you and your school will not be named or in any way identified.

We hope you are happy to participate. If you are, you do NOT need to do anything. If you are not happy to participate, if you have any questions, or for any concerns or complaints about the research, please contact the research team by calling or emailing **X[local research lead]X** (telephone: **XXXX** or email: **XXXX**). Alternatively, you can tell the school directly that you do not want to participate by contacting **X[school’s study liaison staff member]X** (telephone: **XXXX** or email: **XXXX**).

If you have any concerns or complaints about the research and prefer to speak with someone outside of the research team, please contact the school’s safeguarding lead, **XXXX**, at **XXXX**. You may also contact the school safeguarding lead if you have any concerns about the safeguarding of children at the school **[if safeguarding lead available over the summer holidays, note this]**.

If you are concerned about a child for any reason, you can also call the NSPCC helpline 24 hours a day for advice or to share your concerns, anonymously if you wish, at 0808 800 5000. Below is some information about other organisations that may be able to help you with issues you or someone you know might be going through:

- **[local safeguarding referral utilised by the school if available over school holidays]:** Local service available for any concerns related to child safeguarding. Call XXXX.
- **The Samaritans:** Someone to talk to, available 24 hours a day for confidential, non-judgmental support. Call 116 123 or visit [www.samaritans.org](http://www.samaritans.org)
- **National Domestic Violence Helpline:** National service available 24 hours a day for women experiencing domestic violence, and for their family, friends, colleagues and others calling on their behalf. Call 0808 2000 247.
- **Switchboard LGBT+ Helpline:** Providing information, support and referral services for lesbians, gay men and bisexual and trans people, and anyone considering issues around their sexuality or gender identity. Call 0300 330 0630 or visit <http://switchboard.lgbt/help/>
- **Mind:** Offering advice and support for anyone experiencing a mental health problem. Call 0300 123 3393 or visit [www.mind.org.uk](http://www.mind.org.uk)
- **Young Minds Parents Helpline:** Provides confidential advice for parents concerned about a child's behaviour, emotional wellbeing or mental health condition. Call 0808 802 5544 or visit [www.youngminds.org.uk](http://www.youngminds.org.uk)
- **Rape Crisis:** Provides information on nearest services for people who have experienced sexual violence at their website ([www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)) and by phone (0808 802 9999)

Many thanks for your time,



Professor Chris Bonell (London School of Hygiene and Tropical Medicine)