

STASH

Peer Supporter Questionnaire

We would like to know how you felt about being a STASH peer supporter and which activities you took part in.

This is **not** a test. There are no right or wrong answers. We are interested in your views and experiences. We'll use your answers to improve STASH.

Please read the questions that follow and answer as carefully and honestly as you can.

This questionnaire is **completely confidential**. No one except the STASH research team will see your answers. We will keep your data securely and use it only for research purposes. We might share data from this questionnaire with other genuine researchers, but only in a format in which you cannot be identified (anonymous).

Please note that you don't have to answer any questions that you don't want to and you may stop at any time.

If you are unsure what a question means, please put up your hand and a researcher will come and help you.

Please tick this box to show you have read the explanation above and are happy to fill in the questionnaire.

V5.1 22/11/17

About the peer supporter role

1 During STASH, did you...

Please tick ALL THAT APPLY

Set up a secret Facebook group? 1

Post 3 or more messages to your secret Facebook group? 2

Have 3 or more conversations about STASH? 3

Attend 2 or more follow-up sessions? 4

Give out 3 or more STASH cards? 5

2a

Excluding the training and follow-up sessions, how much time each week did you spend posting STASH messages or talking about STASH?

Please tick ONE box

Less than 30 minutes per week 1

Between 30 minutes and one hour per week 2

Between one and three hours per week 3

More than three hours per week 4

2b

Including training and follow-up meetings, was the time you spent doing STASH activities,:

Please tick ONE box

Too much 1

OK 2

Too little 3

3

Please read the statements below and say whether you agree or disagree with them.

Please tick ONE box on EACH line

		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
a	I liked being a peer supporter	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
b	I think that most of the people chosen to be peer supporters were right for the role	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
c	I felt embarrassed about being a peer supporter	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
d	I wish I had not taken on the role	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
e	I was made fun of for being a peer supporter.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
f	The training prepared me well for the peer supporter role	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
g	I felt confident in the role	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
h	My teachers were happy that I was a peer supporter	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
i	My parents/carers were happy that I was a peer supporter	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
j	What I learned in STASH will help me protect myself against STIs in future	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
k	The role provided good experience for my CV	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5

4 I accessed the STASH website from:

Please tick ONE box on each line

	Never	Sometimes	Often
Phone	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
iPad or other tablet	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Desktop computer	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Laptop	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3

5 I accessed the STASH website:

Please tick ONE box on each line

	Never	Sometimes	Often
At home, alone	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
At home, with others	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
At school, alone	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
At school, with others	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Other (please write below)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3



Doing STASH activities

6

We'd like to know how you've been getting on as a peer supporter.
Please answer as honestly as you can.
Please tick ONE box on EACH line

		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
a	I felt nervous about talking to other S4s about STASH.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
b	I was asked questions about STASH topics that I didn't know the answer to.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
c	My friends got fed up of me talking about STASH.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
d	My friends wanted to see the STASH website.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
e	I preferred to give STASH cards or talk to other S4s than to post messages on Facebook.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
f	I liked how the website looked.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
g	I had problems getting logged into the STASH website.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
h	It was difficult to find what I wanted on the STASH website.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
i	I felt supported by my STASH contact teacher.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5

7 Please say if you agree or disagree with the statements below:

Please tick ONE box on EACH line

		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
a	I did not have my own smartphone to use for STASH (I do not own one or my phone broke).	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
b	It was difficult for me to access free wifi.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
c	It was difficult for me to get privacy to look at the STASH website.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
d	I could not visit the STASH website or share messages at school because of school or wifi issues.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
e	I did not use Facebook. If you did not use Facebook, please skip to m below	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
f	I preferred to put messages into my own words than to use words from the STASH website.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
g	I mostly shared messages from another peer supporter or the trainer rather than the website.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
h	I was glad to have the trainer as a member of the secret Facebook group.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
i	My friends in my Facebook group didn't like the fact that the trainer was a member of the group.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
i	I had technical difficulties trying to 'share' stuff from the website to my group.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
k	No one liked, shared or commented on my Facebook posts.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
l	People I wanted to join my group were not on Facebook.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
m	People I wanted to join my group hardly ever use Facebook.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
n	My friend(s) left the Facebook group before the end of the project.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
o	I had other problems with Facebook.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5

		Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
p	My friends told me they didn't like the STASH messages or website.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
q	My friends asked me question about STASH.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
r	I got into trouble from teachers for using my phone for STASH in class time.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
s	A friend told me something personal because I was a peer supporter.	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5

8 Please tell us how often (if at all) you did the following:

Please tick ONE box on EACH line

		Didn't do this	Once or twice	More than three times
a	Asked the trainer a question about a STASH topic on Facebook	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
b	Contacted the trainer about something private	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
c	Asked the contact teacher for help with STASH	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
d	Advised a friend where to seek help on sex or relationships	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
e	Visited a sexual health service for myself	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
f	Took a friend to visit a sexual health / youth drop in service (e.g. Chalmers, COZ)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
g	Used other social media (e.g. Instagram) to share STASH messages	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
h	Talked with friends about STASH topics (beyond just giving them the web address)	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
i	Shared STASH messages with people at my school who are not in S4	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
j	Shared STASH messages with people outside of my school	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3

9 Please put the STASH themes in order of how you rate them:

Please WRITE a number from 1 to 8 in each box. Put a 1 beside the topic you liked best, a 2 beside the topic you liked second best, and so on. Please put a different number beside each topic.

- Is my relationship good?
- What's normal?
- Am I ready for sex?
- What's consent?
- How do I avoid risk?
- Are pics and porn OK?
- How to feel good about myself?

10

Compared with the sex/relationships education you get in school, how relevant, helpful and interesting was the information you got from STASH?

Please tick ONE box on EACH line

		STASH was LESS...	STASH and school were ABOUT THE SAME	STASH was MORE...
a	Relevant	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
b	Helpful	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
c	Interesting	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3

11 Did you feel that the information you got from STASH was:

Please tick ONE box

Aimed at people older than you 1

About right for your age 2

Aimed at people younger than you 3

12 Did you feel that the information you got from STASH was:

Please tick ONE box

Too detailed 1

About right 2

Not detailed enough 3

13 Please say whether you found these activities generally easy or hard to do:

Please tick ONE box on EACH line

	Did not do this	Easy	A bit hard	Very hard	
a	Posting messages from the website	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
b	Posting links to other sites	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
c	Directing friends to the STASH website	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
d	Talking to other S4 students about STASH	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

14

Did you have to spend any money (e.g. additional phone charges) as a direct result of being a peer supporter?

Please tick ONE box

Yes 1

No 2

If 'yes' please give details:

Write in 

15

The number of weeks I was a peer supporter was:

Please tick ONE box

Too short 1

Just right 2

Too long 3

16

I will keep sharing messages/talking about STASH after the follow-up sessions end:

Please tick ONE box

Definitely will 1

Probably will 2

Might 3

Probably won't 4

Definitely won't 5

17

In future, I would be interested in being a peer supporter again.....

Please tick ONE box in each column

	..On STASH	...On a different health topic
Very interested	<input type="checkbox"/> 1	<input type="checkbox"/> 1
Quite interested	<input type="checkbox"/> 2	<input type="checkbox"/> 2
Not interested	<input type="checkbox"/> 3	<input type="checkbox"/> 3

18

I would be interested in joining an online group with peer supporters from other schools taking part in STASH:

Please tick ONE box in each column

Very interested	<input type="checkbox"/> 1
Quite interested	<input type="checkbox"/> 2
Not interested	<input type="checkbox"/> 3

19

Did you continue with peer supporter activities (posting messages, talking to other S4s about STASH) until the last follow up session?

Please tick ONE box

Yes	<input type="checkbox"/> 1	➔	Please answer question 20 and skip 21
No	<input type="checkbox"/> 2	➔	Please go to question 21

20

The main reasons I stayed involved in STASH for the whole time were:

Please tick UP TO TWO boxes

- I got to spend time with friends 1
- The project was fun 1
- I got out of classes 1
- I learned useful information 1
- I gained new skills 1
- I got to be part of something new 1
- Other (please write below) 9



21

The main reasons I stopped doing STASH peer support activities were:

Please tick UP TO TWO boxes

- I got annoyed with technical problems
(like with the website) 1
- The information was not
interesting/useful 1
- I had to miss classes 1
- No one responded to or liked my
Facebook posts 1
- I felt awkward talking about sexual health 1
- My friends left STASH 1
- I didn't get on with other peer supporters 1
- Other (please write below) 9



THANK YOU FOR YOUR TIME

Your answers will help us to improve the STASH project in future