

Positive Choices Pilot Trial – Service Level Agreement

Positive Choices is a school based social marketing intervention that aims to prevent unintended teenage pregnancy and promote sexual health. The programme provides the school with free training, resources and ongoing support from experts. Schools will also be provided with a report of the trial. But we do require that schools meet a number of expectations in terms of their delivery of the programme and their support for our research activities. This service level agreement details the role and responsibilities of your school, the intervention providers and the research team involved in the pilot trial of Positive Choices.

This programme of work involves:

- Your school using the resources provided by the Sex Education Forum (SEF) to implement the Positive Choices programme in the 2018/19 academic year in line with local needs and priorities
- Researchers from the London School of Hygiene and Tropical Medicine (LSHTM) collecting data on each component of Positive Choices to assess the feasibility and acceptability of the programme

The below sets out what the school will be provided with and are expected to contribute as part of the trial. There are no direct financial costs to the school for participating in the trial.

The school will be provided with:

- A report of student needs data (from responses to the survey conducted in the summer term of 2018) to inform the delivery of Positive Choices (September 2018)
- A manual guiding each component of the intervention (July 2018)
- Quality assured SEF delivered staff training in setting up and running a School Health Promotion Council (Autumn term 2018)
- Quality assured SEF delivered staff training in delivering the Positive Choices Relationships and Sex Education curriculum (Autumn term 2018)
- Quality assured SEF delivered staff training in facilitating student-led social marketing (Autumn term 2018)
- Lesson plans and teaching materials to deliver at least ten hours of classroom curriculum (July 2018)
- Templates to support parent engagement communications (July 2018)
- Resources to support the review of school based and local sexual health services (July 2018)
- Ongoing remote support with programme implementation from SEF (2018/2019 school year)

Your school will:

- Identify a named member of SLT with general oversight of the Positive Choices programme and a lead staff member who will be responsible for the day-to-day running of the programme (July 2018)
- Enable the LSHTM research team to administer the year 8 students baseline and needs assessment survey (Summer term of 2018)
- Ensure relevant staff are released to attend programme training sessions as outlined above (Autumn term 2018)
- Convene a School Health Promotion Council comprising at least 6 staff/6 students to meet for one hour at least twice a term (from Autumn 2018)
- Deploy SEF trained teaching staff to deliver ten hours of the Positive Choices curriculum to year 9 students (2018/2019 school year)
- Ensure parent engagement activities are carried out, including at least three parent newsletters (2018/2019 school year)
- Facilitate student-led social marketing activities involving 12-18 students from diverse backgrounds (2018/2019 school year)
- Involve students in a review of school based and local sexual health services (2018/2019 school year)

- Enable the LSHTM research team to conduct structured observations and audio recordings of staff trainings and satisfaction surveys of trained staff (Autumn term 2018)
- Ensure staff 'log books' of programme activities are kept up to date and returned to the LSHTM research team (2018/2019 school year)
- Enable the LSHTM research team carry out individual or group interviews with four members of school staff involved with programme delivery and eight year-9 students (Summer term 2019)
- Enable the research team to conduct the year 9 follow up survey (Summer term of 2019)

The research team is contractually obliged to conduct the above activities by the government so it is important that these are scheduled and carried out. In the first instance the research team will liaise with the day-to-day lead at the school to do so, but in the event of any problems with communications we will contact the SLT member with oversight of the programme.

[School name] and the London School of Hygiene and Tropical Medicine (LSHTM) agree to the programme of work as detailed above:

Signed: [signature] LSHTM Lead
 Print: Chris Bonell

Date _____

Signed: _____ Head Teacher Date _____
 Print: _____

Detailed summary of activities

Student needs and baseline survey (Summer Term 2018)

LSHTM will conduct a student needs and baseline survey of year 8 pupils. This will involve pen-and-paper questionnaires with all year 8 students who consent to participate. The questionnaire will take approximately 45 minutes for students to complete and will take place in class time as specified by the school. The school should field teaching staff to be present in the room(s) in which the survey is being conducted, remaining at the front to help maintain order while not being able to read student responses. LSHTM will liaise with the school so that at least one week before the survey, the parents of students are sent information about the survey as well as information on how to withdraw their child from this should they so wish.

Student needs report (September 2018)

LSHTM will provide an anonymised report of the student needs survey, which will be used to enable the other components of Positive Choices (and potentially other school initiatives) to be tailored to local priorities.

Staff Training (Autumn term 2018)

- **Training session 1: School Health Promotion Council**

SEF will run a training session for key teaching and non-teaching staff participating in the School Health Promotion Council. The training will focus on how to set up and implement the council; its role; main activities; and potential impact on the school.

- **Training session 2: SRE Curriculum**

SEF will deliver a one-day training session in the delivery of the Positive Choices Relationships and Sex Education (RSE) curriculum. The curriculum has been designed as a set of eight essential and two additional 'add on' lessons to be selected by the School Health Promotion Council based on the student needs data collected in the summer of 2018. Essential modules include: The male / female body and functions of reproductive organs; Fertility, conception and contraception; STIs and sexual risk reduction (safer sex); Building blocks to healthy relationships; Consent; Sustaining relationships; Sexual response and pleasure; Pornography. Additional 'add on' modules include: Pregnancy options; Readiness for intimacy; Body image and the digital world; Female Genital Mutilation; and Human rights, stigma and discrimination. Signposting to in school and local services will be highlighted throughout the curriculum.

- **Training session 3: Student-led social marketing**

SEF will deliver a training session to school staff in setting up the student-led social marketing group and facilitating the running of campaigns in school.

All training sessions will be observed by researchers from LSHTM and audio-recorded to assess the quality of the materials. The staff attending will be asked to complete a short questionnaire after each training to assess their views on the training.

Implementation of School Health Promotion Council (SHPC) (Autumn term 2018)

Following training session 1, the school will convene a School Health Promotion Council which will comprise at least 6 staff and 6 students. The council should meet at least twice a term during the 2018/2019 school year. The School Health Promotion Council will involve staff and students in tailoring the other intervention components to the specific needs of the school and co-ordinating programme activities. Informed by the needs-assessment data, the School Health Promotion Council will, for example, select two optional 'add on' curriculum lessons to be taught to year 9 pupils and decide on the content of parent newsletter. SEF will provide materials to structure and support the activity of the School Health Promotion Council.

The staff member leading the School Health Promotion Council component of the programme will complete a short log after each meeting to record their activity and views on it and return these logs to the research team. A LSHTM researcher will attend at least two meetings of the School Health Promotion Council to observe council implementation and activity.

Parent information and homework (2018/2019 school year)

SEF will provide guidance and draft materials to enable the school to send out newsletters to parents as well as provide students with two homework assignments addressing parent-child communication. At least one Positive Choices newsletter should be sent out to parents per term in the 2018/2019 school year.

Delivery of student curriculum (2018/2019 school year)

SEF will provide the school with all curriculum materials (lessons plans, lesson slides and additional resources) enabling the school to deliver the classroom curriculum. The curriculum should ideally be delivered in specific timetabled subject lessons but has been designed so that it can also be delivered in tutor time or off-timetable days if necessary. The school must ensure that the curriculum is taught by teaching staff who have attended the SEF curriculum training.

The teaching staff delivering the curriculum will be asked to complete a short log after each lesson to record their activity and views on it. A LSHTM researcher will observe at least two curriculum lessons to assess the curriculum materials.

Implementation of student-led social marketing (2018/2019 school year)

SEF will provide the school training and materials to guide student-led social marketing which will be facilitated by trained teachers and led by a team of 12-18 students. Participation in these activities will be actively promoted to at-risk students based on the strongest evidenced risk factors for teenage pregnancy on which schools have data (free meals eligibility; persistent absenteeism; slower than expected academic progress). This is not to target provision at those most at risk but rather to ensure campaigns appeal to a diversity of students including those most at risk of teenage pregnancy. When recruiting such students, teachers will be open about this rationale. Campaigns may use social and other media, posters and events, and will focus on healthy relationships, sexual and human rights, delayed sex, and access to local services.

The staff facilitating the student-led social marketing component of the programme will complete a short log after each meeting of the social marketing group to record activity and their views on it. A LSHTM researcher will attend at least two meetings of the social marketing group to observe implementation and activity.

Review of school sexual health services (2018/2019 school year)

SEF will provide tools and materials for students led by a member of staff to carry out a review of school sexual health services.

Individual or group interviews with staff and students (End of Summer term 2019)

LSHTM researchers will give staff and students an opportunity to provide feedback on their experience of Positive Choices by conducting individual or group interviews with four school staff involved with the programme and eight year-9 students, a mixture by gender and socioeconomic status. The school should liaise with LSHTM so that at least one week before the interviews with students, the parents of these students are sent information drafted by LSHTM about the research as well as information on how to withdraw their child from this should they wish.

Year 9 follow up survey (End of Summer term 2019)

LSHTM will conduct a follow up survey of year 9 pupils. This will follow a similar format to the student needs and baseline survey carried out the previous year and will involve pen-and-paper questionnaires with all year 9 students who consent to participate. The questionnaire will take approximately 45 minutes for students to complete and will take place in class time as specified by the school. The school should field teaching staff to be present in the room(s) in which the survey is being conducted, remaining at the front to help maintain order while not being able to read student responses. LSHTM will liaise with the school so that at least one week before the survey, the parents of students are sent information about the survey as well as information on how to withdraw their child from this should they so wish.