## Supplementary Material 5: Baseline survey with student needs questions highlighted

**Relationships and Sex Education Study - Student Questionnaire**

**We are researchers from the London School of Hygiene and Tropical Medicine (LSHTM). We are working with your school to evaluate a new relationships and sex education (RSE) programme.**

**As part of our research, we are asking all year-8 students at your school to fill in a questionnaire.**

**This is NOT a test. All the information you give will be treated as confidential and anonymous. Your family, friends and school will NOT find out what you write. So please try to answer all the questions as fully and honestly as possible.**

**However, if you report that you have had sex before the age of 13 years or write on the questionnaire anything that indicates you have experienced any form of abuse, we will need to take action to protect you by notifying your school’s safeguarding lead.**

**If anything in the questionnaire causes you to feel confused or concerned in any way you should speak to a trusted adult such as a parent/carer or member of staff at your school. You may also ask to speak privately to the researcher present today. The information sheet you received along with this questionnaire includes a list of people and organisations you can contact for support both inside and outside school if you have any questions about sex and relationships or want to speak with someone about any issue you (or a friend) are going through.**

**It is up to you whether you want to complete this questionnaire and you may stop taking part at any time or skip any questions you do not want to answer with no negative consequences. If you have signed the consent form to say you are happy to take part, please wait for the researcher to tell you to begin.**

**When answering please put a tick (🗸) in the boxes provided. If you make a mistake, put a cross (x) through the box with the mistake in and answer again.**

**If you need help to answer any question then please raise your hand and a researcher will come to help you.**

**Part One: You and your background**

1. How old are you?

Please 🗸 one box only

1. years old 🞏
2. years old 🞏
3. At birth, were you described as:

Please one box only

               Male                      

              Female                  

 Prefer not to say 

1. Which of the following best describes how you think of yourself *now*?

*(We ask this in addition to the question above because some people’s gender identity is not the same as how they were described at birth).*

Please one box only

Boy 

Girl 

Trans boy 

Trans girl 

Non-binary (neither male or female) 

Other 

Unsure / questioning 

Prefer not to say 

1. Which of the following best describes your ethnic group or background?

Please 🗸one box only

White 🞏

Mixed/multiple ethnic groups 🞏

Asian or Asian British 🞏

Black African, Black Caribbean or Black British 🞏

Any other ethnic group 🞏

1. Which of the following do you consider yourself to be?

 Please 🗸one box only

Straight or heterosexual 🞏

*(a girl who is attracted to boys or a boy who is attracted to girls)*

Gay or lesbian 🞏

*(a girl who is attracted to girls or a boy who is attracted to boys)*

Bisexual *(attracted to girls AND boys)* 🞏

Other (*Please specify* ­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_) 🞏 Unsure/questioning 🞏

Prefer not to say 🞏

1. What religious group do you belong to?

Please 🗸one box only

None 🞏

 Christian (including Protestant and Catholic) 🞏

 Jewish 🞏

 Muslim/Islam 🞏

 Hindu 🞏

 Buddhist 🞏

 Sikh 🞏

 I don’t know / not sure 🞏

 Other religious group 🞏

1. Which adult or adults (not including older brothers and sisters or step-brothers and step-sisters) do you normally live with?

Please 🗸 all that apply

My mum 🞏

My dad 🞏

My step-mum 🞏

My step-dad 🞏

My foster-mum 🞏

My foster-dad 🞏

Another adult (*Please specify* ­­­­­­­­­­­­­­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_) 🞏

1. Do any of the adults you live with (not including brothers and sisters or step-brothers and step-sisters) own a car or van?

Please 🗸 one box only

No 🞏

Yes, one car or van 🞏

Yes, two or more cars or vans 🞏

1. Do you have your own bedroom to yourself at home?

Please 🗸 one box only

Yes 🞏

No 🞏

1. How many computers (including laptops and tablets, but not including game consoles and smartphones) do the family members you live with own?

Please 🗸 one box only

None 🞏

One 🞏

Two 🞏

More than two 🞏

1. How many bathrooms (rooms with a bath/shower or both) are in your home?

 ­­­­­­­­­­­­Please 🗸 one box only

None 🞏

One 🞏

Two 🞏

More than two 🞏

1. Do you have a dishwasher at home?

 Please 🗸 one box only

Yes 🞏

No 🞏

1. During the past 12 months, how many times, if any, did you and your family travel out of the United Kingdom (UK) for a holiday/vacation?

Please 🗸 one box only

Not at all 🞏

Once 🞏

Twice 🞏

More than twice 🞏

1. How much do you agree with the following statements?

By the time I am 20 years old, I think I will:Please 🗸 one box on EVERY line

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | Definitely will | Probably will | Probably will not | Definitely will not |
|  | Be in a steady job | 🞏 | 🞏 | 🞏 | 🞏 |
|  | Be in a job training scheme or apprenticeship | 🞏 | 🞏 | 🞏 | 🞏 |
|  | Be at university  | 🞏 | 🞏 | 🞏 | 🞏 |
|  | Be at college studying for a trade or job | 🞏 | 🞏 | 🞏 | 🞏 |
|  | Be a mum or dad | 🞏 | 🞏 | 🞏 | 🞏 |

**Part Two: Your experiences of school**

The following questions ask you about your views and experience of secondary school. Remember that all your answers will be kept confidential and will not be shared with the school or your parents.

1. How much do you agree with the following statements?

Please 🗸 one box on EVERY line

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Yes Totally agree | Yes, I agree a bit | No, I don’t really agree | NoTotally disagree |
| The teachers at this school are fair in dealing with students | 🞏 | 🞏 | 🞏 | 🞏 |
| There’s at least one teacher or other adult in this school I can talk to if I have a problem | 🞏 | 🞏 | 🞏 | 🞏 |
| I feel I can go to my teachers with the things that are onmy mind | 🞏 | 🞏 | 🞏 | 🞏 |
| In this school, teachers believe all students can learn | 🞏 | 🞏 | 🞏 | 🞏 |
| In this school, students’ ideas are listened to and valued | 🞏 | 🞏 | 🞏 | 🞏 |
| In this school, teachers and students really trust one another | 🞏 | 🞏 | 🞏 | 🞏 |
| In this school, teachers treat students with respect | 🞏 | 🞏 | 🞏 | 🞏 |
| This school really cares about students as individuals | 🞏 | 🞏 | 🞏 | 🞏 |
| Most of my teachers really listen to what I have to say | 🞏 | 🞏 | 🞏 | 🞏 |
| I really like most of my teachers at this school | 🞏 | 🞏 | 🞏 | 🞏 |
|  |  |  |  |  |

1. How much do you agree with the following statements?

Please 🗸 one box on EVERY line

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Yes Totally agree | Yes, I agree a bit | No, I don’t really agree |  No Totally disagree |
| I feel very different from most other students here | 🞏 | 🞏 | 🞏 | 🞏 |
| I can really be myself at this school | 🞏 | 🞏 | 🞏 | 🞏 |
| Other students in this school take my opinions seriously | 🞏 | 🞏 | 🞏 | 🞏 |
| I am encouraged to express my own views in my classes | 🞏 | 🞏 | 🞏 | 🞏 |
| Most of the students in my classes enjoy being together | 🞏 | 🞏 | 🞏 | 🞏 |
| Most of the students in my classes are kind and helpful | 🞏 | 🞏 | 🞏 | 🞏 |
| Most other students accept me as I am | 🞏 | 🞏 | 🞏 | 🞏 |
| I feel I belong at this school | 🞏 | 🞏 | 🞏 | 🞏 |

1. How much do you agree with the following statements?

Please 🗸 one box on EVERY line

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Yes Totally agree | Yes, I agree a bit | No, I don’t really agree | No Totally disagree |
| I try hard in school | 🞏 | 🞏 | 🞏 | 🞏 |
| Doing well in school is important to me | 🞏 | 🞏 | 🞏 | 🞏 |
| Continuing or completing my education is important to me | 🞏 | 🞏 | 🞏 | 🞏 |
| I feel like I am successful in this school | 🞏 | 🞏 | 🞏 | 🞏 |

1. How much do you agree with the following statements?

Please 🗸 one box on EVERY line

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Yes Totally agree | Yes, I agree a bit | No, I don’t really agree | No Totally disagree |
| There are lots of chances for students at this school to get involved in sports, clubs and other activities outside class | 🞏 | 🞏 | 🞏 | 🞏 |
| Teachers at this school notice when students are doing a good job and let them know about it | 🞏 | 🞏 | 🞏 | 🞏 |
| At this school, students have a lot of chances to help decide and plan school activities, events and policies | 🞏 | 🞏 | 🞏 | 🞏 |
| Student activities at this school offer something for everyone | 🞏 | 🞏 | 🞏 | 🞏 |
| Students have a say in decisions affecting them at this school | 🞏 | 🞏 | 🞏 | 🞏 |
| Students at this school are encouraged to take part in activities, programmes and special events | 🞏 | 🞏 | 🞏 | 🞏 |

**Part Three: Communicating with parents and carers at home**

1. If you have a mum or female carer you live with or see regularly, how do you find talking to her about personal things?

Please 🗸 one box only

Very easy 🞏

Quite easy 🞏

Quite difficult 🞏

Very difficult 🞏

I don’t have a mum or female carer I live with or see regularly 🞏

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

1. If you have a dad or male carer you live with or see regularly, how do you find talking to him about personal things?

Please 🗸 one box only

Very easy 🞏

Quite easy 🞏

Quite difficult 🞏

Very difficult 🞏

I don’t have a dad or male carer I live with or see regularly 🞏

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

**Part Four: Learning about relationships and sex**

The following questions ask for your views about relationships and sex education (RSE) at your current school.

1. In your school, how well do you think the following topics have been covered?

Please 🗸 one box on EVERY line

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | Don’t remember it being covered | Very well | Well | Okay | Not well | Not wellat all |
| How the body changes in puberty  | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| The correct names for the different parts of the genitalia (reproductive organs) | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| Conception (how a woman becomes pregnant) | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| Contraception options (the different ways for you to protect yourself or a partner from becoming pregnant) | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| Sexually transmitted infections (STIs) (infections that are passed on through sexual activity) | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| How to use a condom  | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| What types of sexual activity are safest | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| How to spot the signs of abuse in a relationship | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| Who to contact if you have experienced abuse | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| Sexual consent  | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
|  |  |  |  |  |  |  |
| Sexual pleasure | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| Masturbation  | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
|  |
| Please 🗸 one box on EVERY line  |
|  | Don’t remember it being covered | Very well | Well | Okay | Not well | Not well at all |
| What the law says about pornography  | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| What the law says about sharing naked photographs by phone or online | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| How to resist pressure or say ‘no’ to doing something sexual that you don’t want to do | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| How the media affects how we think about our bodies | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| FGM (Female genital mutilation/cutting) | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| What it means to be in love | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| How to manage conflict and differences of opinion in relationships | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| The options available if you or your partner become pregnant – including abortion  |  🞏 |  🞏 |  🞏 |  🞏 |  🞏 |  🞏 |
| How to know if you are ready to be intimate or have sex with someone | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |
| Sexual and reproductive rights (for example, the right not to face discrimination based on sexual identity or the right to make your own decisions about your sexual health) | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 | 🞏 |

1. Which of the following topics do you think it would be most important to learn about at school in year 9?

Please 🗸 your top four

|  |  |  |  |
| --- | --- | --- | --- |
| How the body changes in puberty  |  🞏 | Masturbation  | 🞏 |
| The correct names for the different parts of the genitalia (reproductive organs) | 🞏 | What the law says about pornography | 🞏 |
| Conception (how a woman becomes pregnant) | 🞏 | What the law says about sharing naked photographs by phone or online | 🞏 |
| Contraception options (the different ways for you to protect yourself or a partner from becoming pregnant) | 🞏 | How to resist pressure or say ‘no’ to doing something sexual that you don’t want to do | 🞏 |
| Sexually transmitted infections (STIs) (infections that are passed on through sexual activity) | 🞏 | How the media affects how we think about our bodiesFGM (female genital mutilation/cutting) | 🞏🞏 |
| How to use a condom  | 🞏 | What is means to be in love | 🞏 |
| What types of sexual activity are safest | 🞏 | How to manage conflict and differences of opinion in relationships | 🞏 |
| How to spot the signs of abuse in a relationship | 🞏 | The options available if you or your partner becomes pregnant, including abortion | 🞏 |
| Who to contact if you have experienced abuse | 🞏 | How to know if you are ready to be intimate or have sex with someone | 🞏 |
| Sexual consentSexual pleasure | 🞏🞏 | Sexual and reproductive rights (for example, the right not to face discrimination based on sexual identity or the right to make your own decisions about your sexual health) | 🞏 |

1. From which of the following sources would you say you have learnt most about sex and relationships?

Please 🗸 one box only

|  |  |
| --- | --- |
| Doctor or nurse in a sexual health clinic | 🞏 |
| GP or nurse at your doctor’s surgery | 🞏 |
| School nurse | 🞏 |
| Lessons in school | 🞏 |
| Youth worker | 🞏 |
| Internet – sexual advice websites/blogs | 🞏 |
| Internet – pornographic films/clips | 🞏 |
| Other internet sites or apps (for example, Instagram, Facebook or Snapchat) | 🞏 |
| Books, newspapers or magazines | 🞏 |
| Friends of about my own age | 🞏 |
| Television | 🞏 |
| Mum (or step mum or foster mum)  | 🞏 |
| Dad (or step dad or foster dad) | 🞏 |
| Boyfriend or girlfriend or sexual partner | 🞏 |
| Brother or sister, including half, step, or adoptive | 🞏 |
| Other family member | 🞏 |
| Other | 🞏 |

**Part Five: Knowledge about pregnancy, contraception and STIs**

We are interested in finding out what young people know about pregnancy, contraception and STIs. But this is not a test and it does not matter if your answers are right or wrong. Please select the answer you think is right and if you are unsure, tick the box for ‘Don’t know’.

1. Are the following statements true or false?

Please 🗸 one box per statement

A girl can get pregnant the first time she has sex with a boy

True 🞏

False 🞏

Don’t know 🞏

Oral sex tends to be less risky for catching STIs (sexually transmitted infections) than sexual intercourse

True 🞏

False 🞏

Don’t know 🞏

All infections caught from having sex can be cured with medical treatment

True 🞏

False 🞏

Don’t know 🞏

If someone has an STI (sexually transmitted infection), they may not show any sign of it at all

True 🞏

False 🞏

Don’t know 🞏

If a girl under 16 tells a doctor she may be pregnant, legally the doctor must inform her parents

True 🞏

False 🞏

Don’t know 🞏

A girl can get pregnant if she has sex standing up with a boy

True 🞏

False 🞏

Don’t know 🞏

A girl cannot get pregnant if the boy withdraws his penis from her vagina before ejaculation /coming

True 🞏

False 🞏

Don’t know 🞏

Wearing two condoms is better protection against STIs and unplanned pregnancy than wearing one condom

True 🞏

False 🞏

Don’t know 🞏

Young people under 16 can get free access to condoms and contraception from a sexual health clinic without their parents knowing

True 🞏

False 🞏

Don’t know 🞏

The IUD (copper coil) can be used as emergency contraception if inserted up to five days after having sex

True 🞏

False 🞏

Don’t know 🞏

If you need to use emergency contraception (‘the morning after pill’) to prevent pregnancy, it is most effective:

Please 🗸one box only

Within 12 hours of unprotected sex 🞏

Within 24 hours of unprotected sex 🞏

Within two days (48 hours) of unprotected sex 🞏

Within three days (72 hours) of unprotected sex 🞏

Within a week (168 hours) of unprotected sex 🞏

Don’t know 🞏

**Part Six: Sexual health and contraceptive skills**

The following questions ask you about your ability to access and use condoms and contraception. Even if the questions don’t feel relevant to you at the moment or to the kinds of sexual activity you are interested in, please still try to answer **ALL** of them.

1. How easy or difficult do you think it would be for you to do the following?

Please 🗸 one box on EVERY line

Very Easy Difficult Very

easy difficult

Get a condom 🞏 🞏 🞏 🞏

Use a condom properly 🞏 🞏 🞏 🞏

Carry condoms when you go out 🞏 🞏 🞏 🞏

Choose a suitable method of

contraception for yourself or help 🞏 🞏 🞏 🞏

a partner to do so

Make an appointment at a clinic or 🞏 🞏 🞏 🞏

with a doctor to get contraception

Make an appointment at a clinic or 🞏 🞏 🞏 🞏

with a doctor to test for STIs (sexually

transmitted infections)

Discuss with a doctor or nurse 🞏 🞏 🞏 🞏

you or your partner getting

contraception

Discuss with a doctor or nurse 🞏 🞏 🞏 🞏

getting tested for STIs

**Part Seven: Seeking help and advice**

1. Do you know where you could get medical advice from a trained health professional about contraception?

Please 🗸one box only

No 🞏

Yes 🞏

1. Do you know where you could get medical advice from a trained health professional about STIs (sexually transmitted infections)?

Please 🗸one box only

No 🞏

Yes 🞏

1. Do you know who you could speak to at your school if you were to experience unwanted sexual touching or sexual abuse?

Please 🗸one box only

No 🞏

Yes 🞏

1. Do you know who you could speak to at your school if you were to experience sexual harassment from another pupil?

*(Sexual harassment is unwanted and unwelcome sexual touching or sexual talk. Sexual harassment does not include behaviours that you like or want, for example, wanted kissing, touching, or flirting)*

Please 🗸one box only

No 🞏

Yes 🞏

1. Do you know who you could speak to at your school about contraception and sexual health?

Please 🗸one box only

No 🞏

Yes 🞏

**Part Eight: Communicating about sex in relationships**

We now want to explore how confident you might feel communicating with a partner about sex. You should answer these questions whether or not you have ever been in a relationship or had sex. Even if the questions don’t feel relevant to you at the moment or to the kinds of sex or sexual activity you are interested in, please still try to answer **ALL** of them.

1. In a sexual relationship with another person now or in the future, how easy or difficult do you think it would be for you to:

Please 🗸 one box on EVERY line

Very Easy Difficult Very I am not

easy difficult sure

Ask your partner how

many sexual partners they 🞏 🞏 🞏 🞏 🞏

have had in the past

Ask your partner if they are

having sex with other people 🞏 🞏 🞏 🞏 🞏

Ask your partner if they have

ever had an STI (sexually 🞏 🞏 🞏 🞏 🞏

transmitted infection)

Ask if a condom could be

used for having sex 🞏 🞏 🞏 🞏 🞏

Insist that a condom be used

for having sex 🞏 🞏 🞏 🞏 🞏

Refuse to have sex with your

partner if they won’t use 🞏 🞏 🞏 🞏 🞏

a condom

Tell your partner that a certain

sexual activity hurts you 🞏 🞏 🞏 🞏 🞏

Tell your partner that a certain

sexual activity makes you 🞏 🞏 🞏 🞏 🞏

feel uncomfortable

Tell your partner that a certain

sexual activity is not making 🞏 🞏 🞏 🞏 🞏

you feel good

Please 🗸 one box on EVERY line

Very Easy Difficult Very I am not

easy difficult sure

Suggest a new sexual activity

(e.g. sexual position) 🞏 🞏 🞏 🞏 🞏

Tell your partner that you do

not want to have sex 🞏 🞏 🞏 🞏 🞏

Tell your partner you would like

to have sex more often 🞏 🞏 🞏 🞏 🞏

Tell your partner that a sexual

activity feels good 🞏 🞏 🞏 🞏 🞏

Talk with your partner about

how it feels to use a condom 🞏 🞏 🞏 🞏 🞏

Talk with your partner about

how to put on a condom 🞏 🞏 🞏 🞏 🞏

Talk with your partner about

whether a condom is on 🞏 🞏 🞏 🞏 🞏

correctly

Tell your partner that you want

to have sex 🞏 🞏 🞏 🞏 🞏

Tell your partner that you like a

specific sexual activity 🞏 🞏 🞏 🞏 🞏

Initiate (start off) having sex

with your partner when you 🞏 🞏 🞏 🞏 🞏

feel like it

**Part Nine: Your friends’ views about relationships and sex**

1. The following questions ask about your friends and what they think. Try your best to answer the questions, but if you’re not sure of the answer, please tick the ‘I am not sure’ option.

Please 🗸 one box on EVERY line

Definitely Probably Probably Definitely I am

yes yes no no not sure

Most of my friends believe that

people who have sex 🞏 🞏 🞏 🞏 🞏

when they are younger often

regret it when they are older

Most of my friends believe

that people should discuss 🞏 🞏 🞏 🞏 🞏

with their partner when is the

right time for them to start

having sex

Most of my friends believe that

people in a relationship can 🞏 🞏 🞏 🞏 🞏

enjoy each other’s bodies

without having sex

Most of my friends believe it is

okay to accept money or gifts 🞏 🞏 🞏 🞏 🞏

in return for sex

Most of my friends believe that

using condoms interrupts 🞏 🞏 🞏 🞏 🞏

sexual fun

Most of my friends believe that

having sex is the only way 🞏 🞏 🞏 🞏 🞏

to be satisfied in a sexual

relationship

Most of my friends believe that

you don’t need to use condoms 🞏 🞏 🞏 🞏 🞏

for sex if you know the other

person very well

Most of my friends believe it is 🞏 🞏 🞏 🞏 🞏

okay for a girl to carry condoms

Please 🗸 one box on EVERY line

Definitely Probably Probably Definitely I am

yes yes no no not sure

Most of my friends believe that

using a condom would reduce 🞏 🞏 🞏 🞏 🞏

sexual enjoyment

Most of my friends believe it is

the man’s responsibility to 🞏 🞏 🞏 🞏 🞏

carry condoms

Most of my friends believe that

you don’t need to have sex 🞏 🞏 🞏 🞏 🞏

to show someone

you love them

Most of my friends believe

people should be free to choose 🞏 🞏 🞏 🞏 🞏

to have sexual relationships with

people of the same sex

Most of my friends believe it

is a girl’s responsibility to 🞏 🞏 🞏 🞏 🞏

think about contraception

(birth control)

Most of my friends believe

that a man should decide 🞏 🞏 🞏 🞏 🞏

the right time to start having

sex

The next three questions ask about students your own age. Even if you are not sure of the answer, mark the one that you think might be right.

1. In your school about how many students your age do you think have had sexual intercourse? Even if you are not sure please tick the option that you think is right.

Please 🗸 one box only

None of them 🞏

A few of them 🞏

About half of them 🞏

Most of them 🞏

Almost all of them 🞏

1. Of those students your age who have had sexual intercourse, how many of them do you think use condoms most of the time?

Please 🗸 one box only

None of them 🞏

A few of them 🞏

About half of them 🞏

Most of them 🞏

Almost all of them 🞏

1. Of those students your age who have had sexual intercourse, how many of them do you think use contraception most of the time?

Please 🗸 one box only

None of them 🞏

A few of them 🞏

About half of them 🞏

Most of them 🞏

Almost all of them 🞏

**Part Ten: You and your relationships**

The following questions ask about things that may have happened in the last 12 months. Please tick the box that best shows how often these things have happened to you. As a guide, use the following:

 **Never**: this has **not** happened at all in the last 12 months.

**Rarely**: this has happened about **1–2 times** in the last 12 months.

**Sometimes**: this has happened **3–5** in the last 12 months.

**Often**: this has happened **6 times or more** in the last 12 months.

I have shared with someone a naked or semi naked image of myself

Please 🗸 one box only

Never 🞏

Rarely 🞏

Sometimes 🞏

Often 🞏

Someone has shared with me a naked or semi naked image of themselves

Please 🗸 one box only

Never 🞏

Rarely 🞏

Sometimes 🞏

Often 🞏

1. I have experienced sexual harassment at school

*(Sexual harassment is unwanted and unwelcome sexual touching or sexual talk. Sexual harassment does not include behaviours that you like or want, for example, wanted kissing, touching, or flirting)*

 Please 🗸 one box only

Never 🞏

Rarely 🞏

Sometimes 🞏

Often 🞏

1. Have you ever had sexual intercourse?

No, never 🞏

Yes, once 🞏

Yes, more than once 🞏

If you answered ‘yes’ to the above question, please write the age you were the first time you had sex. (*If you tell us that you had sex aged 12 years or under we will need to break confidentiality to tell the school safeguarding officer about this).* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_years old

**Part Eleven: Your health and wellbeing**

These questions ask about your health and wellbeing. For each question, read all the choices and decide which one is most like you TODAY. Then put a tick in the box next to it.

 Please 🗸 one box only for each question

1. How worried are you today?

 I don’t feel worried today 🞏

 I feel a little bit worried today 🞏

 I feel a bit worried today 🞏

 I feel quite worried today 🞏

 I feel very worried today 🞏

1. How sad are you today?

 I don’t feel sad today 🞏

 I feel a little bit sad today 🞏

 I feel a bit sad today 🞏

 I feel quite sad today 🞏

 I feel very sad today 🞏

1. Are you in pain today?

 I don’t have any pain today 🞏

 I have a little bit of pain today 🞏

 I have a bit of pain today 🞏

 I have quite a lot of pain today 🞏

 I have a lot of pain today 🞏

1. How tired are you today?

 I don’t feel tired today 🞏

 I feel a little bit tired today 🞏

 I feel a bit tired today 🞏

 I feel quite tired today 🞏

 I feel very tired today 🞏

1. How annoyed are you today?

 I don’t feel annoyed today 🞏

 I feel a little bit annoyed today 🞏

 I feel a bit annoyed today 🞏

 I feel quite annoyed today 🞏

 I feel very annoyed today 🞏

Please 🗸 one box only for each question

1. How well did you sleep last night?

 Last night I had no problems sleeping 🞏

 Last night I had a few problems sleeping 🞏

 Last night I had some problems sleeping 🞏

 Last night I had many problems sleeping 🞏

 Last night I couldn’t sleep at all 🞏

1. Thinking about your school work/homework today (such as reading and writing)

 I have no problems with my schoolwork/homework today 🞏

 I have a few problems with my schoolwork/homework today 🞏

 I have some problems with my schoolwork/homework today 🞏

 I have many problems with my schoolwork/homework today 🞏

 I can’t do my schoolwork/homework today 🞏

1. Thinking about your daily routine (things like eating, having a bath/shower)

 I have no problems with my daily routine today 🞏

 I have a few problems with my daily routine today 🞏

 I have some problems with my daily routine today 🞏

 I have many problems with my daily routine today 🞏

 I can’t do my daily routine today 🞏

1. Are you able to join in activities like playing out with your friends and doing sports?

 I can join in with any activities today 🞏

 I can join in with most activities today 🞏

 I can join in with some activities today 🞏

 I can join in with a few activities today 🞏

 I can join in with no activities today 🞏

That is the end. Thank you for taking part!

Please raise your hand to return this questionnaire to the researcher and ask for a word search.