



South East Wales
Trials Unit
Uned Ymchwil
De-ddwygrain Cymru



Building Blocks Project Team
South East Wales Trials Unit
7th Floor Neuadd Meirionnydd
Heath Park
Cardiff
CF14 4YS

Dear participant,
Thank You!

ID:

Thank you for taking part in the Building Blocks project over the last few years. Building Blocks was a project to see how the Family Nurse Partnership (FNP) programme compared to universal services, like health visiting, to help young mums. Over the next few months we will finish looking at the results of the project – and we will send you a summary about what we found.

What we can say now though, is that you helped with the largest study of this service in the world – you were one of over 1600 young mums who took part! We had mums from all across England involved - from down in Cornwall and up to Sunderland, and lots of places in between.

The project will tell us a lot about what is important for helping mums and their babies and we are very grateful for your help. We hope you found taking part interesting and rewarding. There are also other projects going on in America, Canada, Holland, Germany and Scotland – so we will find out how young mums and their children here compare to those in other countries too.

New Research

We also wanted to let you know that we plan to conduct another project. This will look at routinely collected health and education data. This is information that your GP, hospital and school collect when looking after you and your child. We will look at this information to explore the long term effects of extra home visits from family nurses versus the services currently available to families.

The reason we want to look at this information is to see the wider effects on you and your child's well-being, health and your child's education following the project. A similar study to Building Blocks has taken place in the USA, and they have found that the benefits from the project are often seen years later. We want to see if this is also true in England.

What do I need to do?

You won't need to do anything for this follow-on study. We will **not** be asking you to complete any questionnaires or to take part in any interviews. Instead we will ask professionals in the Department of Health and Department for Education to provide anonymised information about you and your child. This means that by the time the information is sent to our researcher, no one can identify you or your child.

In other words, when we look at your health and education information, **all we will see is a database containing numbers** showing how often project participants have used

different health and education services, how many GP and hospital visits they have had, and about school attendance, free school meals, special education needs and school achievements. We may also look at social care data if information about child health and education is not available from the Department of Health and Department for Education.

All information is anonymised by a database technician who replaces participants' names with a number **for example: 'Jane Smith' becomes '15578'**.

We will not know who is who in the database.

More information

If you would like to know any more about the new study, please contact us using the details below.

If you do not want us to use your information in this way please either text or call using the numbers below by [INSERT Date].

In order for us to remove you from the study, **we will need to talk to you briefly** over the phone to make sure we remove the right person.

Thank you for your time

Building Blocks Project Team – Cardiff

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Dear participant,
Thank You!

ID:

A few years ago you took part in the Building Blocks project and we wanted to say thank you for this. We know that you did not complete the whole project but we are grateful for the time you gave us. Building Blocks was a project to see how the Family Nurse Partnership (FNP) programme compared to universal services, like health visiting, to help young mums. Over the next few months we will finish looking at the results of the project. What we can say now though, is that you helped with the largest study of this service in the world – you were one of over 1600 young mums who took part!

New Research

We also wanted to let you know that we plan to conduct another project.

This will look at routinely collected health and education data. This is information that your GP, hospital and school collect when looking after you and your child.

We hope to look at this information to explore the long term effects of extra home visits from family nurses versus the services currently available to families.

Some mums took part in the whole project while others like yourself were just involved in part of the project – we hope to include all of these mums in this follow-on project.

This is why we have contacted you. We would like to include you and your child in this follow up and use data from the original project that you previously agreed to. The data will be anonymised so we will not be able to identify you.

The reason we want to look at this information is to see the wider effects on you and your child's well-being, health and your child's education following the project. A similar study to Building Blocks has taken place in the USA, and they have found that the benefits from the project are often seen years later. We want to see if this is also true in England.

What do I need to do?

You won't need to do anything for this follow-on study. We will not be asking you to complete any questionnaires or to take part in any interviews.

We will provide details to identify you/your child to the Health and Social Care Information Centre (HSCIC), the Department of Health and the Department of Education (DoE) in order for those professionals to provide relevant information about you and your child. The details we will supply will only include your/your child's name, NHS Number, date of birth, postcode and gender. The HSCIC will provide information on how project participants have used different health services (e.g. how many hospital visits) and for what reasons and also, if applicable, information from the Office for National Statistics data. The DoE will provide information on how participants have used education services including details of school attendance, free school meals, special education needs and school achievements.

We may also look at social care data if information about child health and education is not available from the Department of Health and Department for Education.

Those departments will provide data to the Secure Anonymised Information Linkage (SAIL) databank based at Swansea University. No identifiable data will be sent. Instead, a study number will be assigned to each individual and this will be used to join pieces of information together. Data viewed by the research team will not be identifiable.

In other words, when we look at your health and education information, all we will see is a database containing numbers. When a database technician is sent more data from the sources we mentioned earlier, they will use the study number to identify a person and join up the information.

We will not know who is who in the database.

More information

If you would like to know any more about the new study, please contact us using the details below.
If you do not want us to use your information in this way please contact us by telephone, text message or email – whichever is most convenient by [INSERT DATE].
We will need you to provide some details about you/your child so that we can identify you and remove your data. There will be no negative effect on healthcare received.
If you have any questions or concerns about your participation in the study or simply wish to know more about it, or if you wish to withdraw from participation, please contact us using the details below.
Thank you for your time
Building Blocks Project Team - Cardiff

Withdrawn Participant Letter_Version 2.0_10MAY2016